

WEEK ONE MENU

	Option 1	Option 2	Available daily	Option 3	Desserts
Monday	Yellow Lentil Dhal Served with Vegetable Rice	Jacket Potatoes with Beans and Cheese	Salad and Seasonal Vegetables		Yogurt or Mixed Fruit
Tuesday	Mix Vegetable, Paneer Sabji Served with Plain Yogurt and Naan	Vegetable Burgers in a Bun with/without Cheese and Wedges			Yogurt or Chocolate Cake Custard
Wednesday	Veggie Sausages, Mash, Carrot and Gravy	Herby Tomato Pasta with mince served with Butter Crusty Bread		Selection of Sandwiches	Yogurt or Ice Cream
Thursday	Lasagne with Roast Potatoes and Garlic Bread	Veggie Sausage with fried onions, wedges and Beans		Selection of Sandwiches	Yogurt or Fruit Cake
Friday	Cheese or Vegetable Pizza, Chips and Beans	Paneer and Veg Wraps			Yogurt or Strawberry Jelly

All meals are vegetarian with no fish or egg. Salad Bar includes Lettuce, Cucumber, Tomatoes, Sweet Corn, Carrot, Coleslaw and Spicy Tikka.



WEEK TWO MENU

	Option 1	Option 2	Available daily	Option 3	Desserts
Monday	Spaghetti Bolognaise with Veggie balls, Peas and Garlic Bread	Kidney Beans Curry and Vegetable Rice	Salad and Seasonal Vegetables	Selection of Sandwiches	Yogurt or Ice Cream
Tuesday	Nuggets, Chips, Broccoli and Beans	Brown Lentil Dhal and Naan			Yogurt or Marble Cake
Wednesday	Cheese and Onion Roll, Sweetcorn, Diced Herby potatoes and Gravy	Cheesy Pasta Bake served and Broccoli		Selection of Sandwiches	Yogurt or Jelly
Thursday	Aloo Matter Paneer (Cottage Cheese and Peas) with Vegetable Rice	Jacket Potatoes and Beans with Cheese			Mixed Fruit or Flapjacks Served with Custard
Friday	Cheese or Vegetable Pizza, Wedges and Beans	Cheese Salad Wrap			Yogurt or Mixed Fruit

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WEEK THREE MENU

	Option 1	Option 2	Available daily	Option 3	Desserts
Monday	Cheesy Pasta with Sweetcorn and Garlic Bread	Chickpeas Curry and Vegetable Rice	Salad and Seasonal Vegetables	Selection of Sandwiches	Yogurt or Ice Cream
Tuesday	Veggie mince slice with Roast potatoes, and Roast Vegetables with Gravy	Matter Paneer with Vegetable Rice		Selection of Sandwiches	Yogurt or Carrot Cake With Custard
Wednesday	Sausage Roll, Sweetcorn and Cheesy Mash with Gravy	Burrito with Vegetable Mexican Rice and Nachos			Yogurt or Fruit Jelly
Thursday	Veggie Burger in a Bun with/without Cheese, Wedges and Beans	Aloo Gobi (Cauliflower) and Yogurt with Naan Bread			Yogurt or Cheese Cake
Friday	Cheese or Vegetable Pizza, Chips Beans and Chips	Cheese Salad Wraps			Banana Angel Delight

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