



Dates for your Diary



Thursday 23rd January

Year 1
Faith proposed visit to Birmingham Cathedral. Packed lunch required.

Thursday 23rd January

Parents of Year 4, 5 & 6 Girls and invited to a discussion group regarding puberty and friendships. Entrance through door number 3 at 9am

Monday 27th January

United Nations World Interfaith Harmony Week

Assembly for Humility 1 parents- 9:00am to 9:30am. Please come to door number 3.

Monday 3rd February

Creative Writing Week
Competition details to follow
Potential Workshop

Wednesday 5th February

Compassion 1 Faith proposed visit to Singers Hill Synagogue

Thursday 6th February

Compassion 2 Faith proposed visit to Singers Hill Synagogue

Week commencing Monday 10th February – No after school clubs this week due to parents evening Tuesday 11th February and Wednesday 12th February

Happy New Year!

We hope you all had a restful and fun Christmas Holiday and enjoyed spending time together as a family.

The staff would like to take the opportunity to thank you for the kind words and gifts given to them at the end of the term. They all had a restful break and are ready for the term ahead!

We look forward to all the fun things planned for this term and hope the children are ready to continue on their journey to excellence.

Best wishes
Mrs G Kaur & Miss Prior

Nishkam News

Don't forget to read our first edition of Nishkam News – written for you by the children of Nishkam.

Dirty Water Bottles



It has come to our attention that some of the children's water bottles are starting to become dirty and growing mould on them. Please ensure your child is bringing their water bottle home daily to be washed thoroughly.

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Friday 17th January

Celebration

Correct Uniform & PE Kit



Our uniform is an important part of our school's identity. It reinforces who we are as a community and strengthens our virtues of excellence and self-discipline.

Our uniform policy is very clear and has been shared with all parents upon joining the school. It can be found on our website for future reference.

<https://www.nishkamschooltrust.org/npsb/page/?title=Uniform&pid=306>

We will be selling nearly new uniform on the 11th and 12th February during Parents Evening.

Nishkam Portrait Artist of the Year

Look out over the next couple of weeks for the launch of our Nishkam Portrait Artist of the Year!



World Book Day Thursday 5th March

We really enjoy celebrating World Book Day at Nishkam Primary. Our children arrive to school dressed as amazing characters.



This year we have had a wonderful parent suggestion regarding 'dress up' clothing.



From now until Friday 7th February would like to invite parents to recycle their old dressing up items.

We will collect these at the school office.

During parents evening on the 11th and 12th February these dress up items as well as blazers, jumpers and cardigans will be available for parents. There will be a donation box for parents with no minimum cost price.

United Nations World Interfaith Harmony Week



Children in all year groups will be visiting different places of worship over the next few weeks. Letters to follow.

Head Lice

There has been an outbreak of head lice within a few classes at Nishkam Primary School.

Would you please all check your child's hair to make sure that they are clear from head lice.



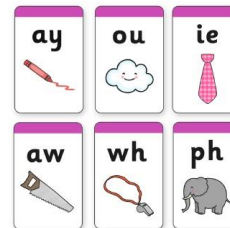
REMEMBER
ONCE A WEEK,
TAKE A PEEK

How to check for head lice:

- Wash hair with usual shampoo and rinse.
- Use a larger amount of conditioner and massage into hair.
- Leave conditioner in and comb with an ordinary comb first.
- Then switch to specialist nit comb. Slot comb in flat against scalp and comb through in sections.
- Rinse or wipe comb between strokes to get rid of any lice.
- Work over whole scalp, always checking for lice.
- Once completed rinse conditioner off hair.
- If lice are detected then treat with solution. Always check with your pharmacist which lotion is currently being used.

There is nothing you can do to prevent head lice; however you can help stop them spreading by wet or dry combing regularly with a nit comb to catch them early.

Reception Phonics



Our phonics session was very well attended on Tuesday.

We hope parents found it useful to observe the teaching methods used. Your support is very much appreciated.

Eat the Rainbow Challenge



Eat a Rainbow!

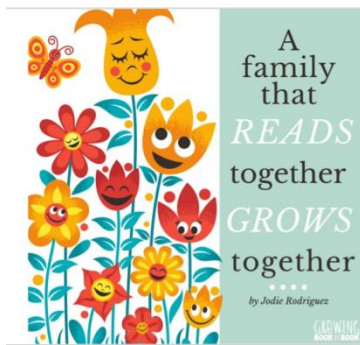
Make half your plate fruits and veggies

This rainbow of colours gives us the opportunity of eating foods rich in nutrients that are linked to the various colours, each having their own health benefits.

To encourage children to eat different fruits and vegetables we have set up a challenge between the classrooms that the class who got the most points would earn a special prize.

The challenge will run from the 20th January to 25th January and children will be awarded with stickers representing the number of different fruits and vegetables they have eaten.

If your child has a packed lunch please encourage them to have at least three different fruits of vegetable items too.



“Mummy, Daddy...PLEASE hear me read!”

Take a moment to read this section.

In your busy busy lives, I guess you barely have time to stop and think, let alone stop and read. We, as teachers (and parents) understand this; however we really, really REALLY need your support!

As teachers, we are told that reading is the key - and indeed it is! It is the key to knowledge, enjoyment, confidence, creativity and most of all ... the key to achievement and success. Isn't that what we all want for our children? There have been countless studies and pieces of research stressing the importance of reading. In our Monday Celebration assemblies, we tell the children to go home and ask you to: “Please hear me read!” Hence the title of the article!

'Developing a love of reading can be more important for a child's educational success than their family's socio-economic background.'

Organisation for Economic Cooperation and Development, 2002



Your children work incredibly hard at school and we need your support to maintain this momentum at home.

- **Please hear your child read for at least ten minutes every single day.** Discuss what they have read, **explore** together and most importantly **enjoy** hearing them read.
- **Read to your child for at least ten minutes every day.** We were lucky enough to have our school councillors carry out a pupil survey and found that an overwhelming 82% of children enjoyed it. Moreover, snuggling up in pyjamas and hearing an adult read was thoroughly enjoyed by children from Reception all the way to Year 6. Yes, even Year 6! In terms of what to read; the answer is whatever interests your child. It can be novels, comic books, leaflets, newspapers, fairy tales, funny stories, information books. Your children love being read to. Our pupil survey proves it!

So, in the month of January, when so many people traditionally make New Year's resolutions, please consider a **renewed 'reading' effort being your focus of your New Year resolution with your child...**the rewards outweigh the effort...by far. If you need any more motivation...simply **watch this short clip from Save the Children.....**<https://www.youtube.com/watch?v=Orb6xXPPBKo> Ten Minutes Could Change Everything.



Spending time together sharing books improves family relationships.

Desforges and Abouchaar for DFES 2003

Each year thousands of children ring Childline asking to be read a bedtime story.

Childline 2009

Our Last Week of Term

During the last week of Autumn Term we did lots of wonderful things to celebrate the end of term, the Christmas session and bring us together as a community. Here are a few of the last week's highlights:



Our Christmas Big Book Read

On the last day of term, all children and staff took part in our Christmas Big Book Read. The children came in the pyjamas, snuggled down with a cup of delicious hot chocolate and enjoyed listening to some winter stories. They also had an opportunity to read their own favourite book, as well as taking part in other reading related activities. Take a look at what some of the classes got up to...

Christmas Carol Concert

Every year we are honoured to use St Michael's Church to perform our Christ Carol Concert in. Reception all the way through to Year 6 sang a variety of Christmas songs as well as the choir and Year 5 Nishkam High group. We thank Miss Tomlinson and Mrs Hewer for preparing the children during their music lessons and choir club.



Winter Wonderland

It was that time again for the school hall to be transformed in to a magical winter wonderland ready for the arrival of Father Christmas. Children took part in festive activities and games, and had the exciting opportunity to meet Santa and have a photograph with him. We thank Friends of Nishkam for all their hard work and efforts towards this event – it was truly a magical day for all!

Class Dojo

Children's behaviour in class is monitored by use of the 'Class Dojo'. Positives are awarded for good work and showing values. The children with the most positives in each class are celebrated in assembly along with the class that has the most positives for the week. Well done to all the children listed below and keep up the good work!



Children Awarded with the Most Positives

Class Name	w/e 10th January	w/e 17th January
Truth 1	Beant	Reuben
Truth 2	Alexsander	Manvinder
Service 1	Avani	Balmit
Service 2	Anmol	Ajooni
Humility1	Dilarsh	Seerat
Humility 2	Harjas	Aaprus
Compassion 1	Udham	Harjot S
Compassion 2	Simar	Simran
Forgiveness 1	Prabhreet	Preeya
Forgiveness 2	Meeth	Jayden
Contentment 1	Jasmeet	Tia
Contentment 2	Ravneet P	Anroop
Optimism 1	Galvin	Simran
Optimism 2	Veer	Ishveer

Good Workers

Good Handwriting Award

Class Name	w/e 10th January	w/e 17th January	Class Name	w/e 10th January	w/e 17th January
Truth 1	Harvenus	Pavan	Truth 1	Nimrath	Gurdaas
Truth 2	Alexsander	Sukhmani	Truth 2	Keerath	Manraj
Service 1	Varinder	Jasleen	Service 1	Balmit	Nimrat
Service 2	Youhana	Tafari	Service 2	Kuven	Amrit
Humility1	Ranbir	Jasjeet	Humility1	Seerat	Ranbir
Humility 2	Paarus	Ranveer	Humility 2	Muneet	Harjot G
Compassion 1	Surnar	Kuljot	Compassion 1	Sahib	Virat
Compassion 2	Satnam	Jaskaran	Compassion 2	Harry	Daya M
Forgiveness 1	Manjot, Mishkika, Prabhneet, Prabhreet, Amarbeer, Naroop, Ravneet, Sanjlin, Jagdish, Kanchan, Jugjeev, Shaan, Gurman, Sahej, Tanmeer, Akaal, Preeya, Pavan, Gurfateh & Amrit	Akaal, Pavan, Kunchan, Alisha & Chayden	Forgiveness 1	Jasraj	Sanjlin
Forgiveness 2	Aman	Ivneet	Forgiveness 2	Gia	
Contentment 1	Harjap	Anmol	Contentment 1	Harkirat	Daya
Contentment 2	Keerat & Munveer	Swaraj	Contentment 2	Ganeev	Sukhmani
Optimism 1	Amarjot	Karamdip	Optimism 1	Devan	Aaron
Optimism 2	Amreen & Gurdaat	Jasnoor	Optimism 2	Gurdaat & Amreen	Ratan

Wondrous Word of the Week

Nishkam Primary School successfully introduced the 'Wondrous Word of the Week' last year in order to improve children's written and spoken vocabulary. It would be wonderful if you could encourage your child to share what they have learnt and support them to discover how to use the word outside of the school setting too.

Maybe they can:-

- share what they have learnt,
- look it up in a dictionary,
- see how many times they can use the word in conversation,
- practise spelling the word

Year Group	w/c 6th January	w/c 31st January
Reception	surprising	decay
Year 1	Monarch	fact
Year 2	spookily	eventually
Year 3	determination	injustice
Year 4	foliage	awe-inspiring
Year 5	torrent	triumph
Year 6	torrential	ambience

Nishkam Reader – Lifetime Achiever!

Reading with your child is vital. Research shows that it's the single most important thing you can do to help your child's education. It's best to read little and often, so we would like you to try to put aside some time (20 minutes) for it every day.

Creating a regular 'special time' to read together can help children see the magical world that can be unlocked by the opening of a book, comic or magazine and learn to love the time when they have your undivided attention.

Talking about what you've just read together helps children think about what they've read, boosts their imagination and grows their confidence. It's also a good way to pick up on new words and check that they understand what they've read.

We would like your child to read aloud at home with an adult for 20 minutes every day. Once they have read, please sign and date their reading record with a brief comment about what they have read. Children will then be awarded certificates accordingly to encourage and praise their success.

30 Days	60 Days	90 Days	120 Days	150 Days	210 Days
Pavan, Roop, Parneet, Siran, Nimrat, Gurmanpreet, Harshneet, Prabhjot, Jaanvi, Anmol, Jasmeet, Arjun, Mehtab, Haris, Bhagat, Nirmaljot, Gursimar, Devjot, Jhilmil, Swaraj, Yuvraj, Simarjeet, Aman, Shaan, Prabhki, Akaal, Gurkiran Amarpreet.B, Bhajneek, Kirtan, Gurnihal, Jagdeep, Ishveer, Rihanna, Jaskeerat, Prabhjot, Gurdaat, Ratan, Harman, Amerpreet K, Amreen, Jasnoor, Gursukh, Veer & Vedh	Roop, Parneet, Siran, Harsahib, Keerat, Amrit, Ajooni, Youhana, Japnoor, Laila, Aarti, WaheguruKi, Ranveer, Vivek, Harjot S, Jasmeet, Milveen, Ranveer J, Ranvir S, Devan, Aaron, Maha, Isaac, Aman, Shaan, Prabhki, Akaal, Gurkiran Bhajneek, Jagdeep, Ishveer, Rihanna, Jaskeerat, Prabhjot, Gurdaat Ratan, Harman, Amreen, Jasnoor, Gursukh & Veer	Jagrup, Anmol, Jaikaar, Bhajan, Diya, Jasmine, Harvi, Harjap, Milveen, Harkirat, Kamran, Radhika, Pavan, Avneet K, Radhika, Simar, Isaac & Nisha, Ama, Akaal, Gurkiran, Prabhki, Bhajneek, Jagdeep, Prabhjot, Amreen, Ishveer, Ratan, Veer & Harman	Arjun, Bhajan, Asha, Gia, Gurmukh, Gurleen, Amrit, Ekampreet, Harjap, Milveen, Harkirat, Jeevan, Kamran, Anika, Rukiran, Bandhan, Santokh, Simar, Harman, Ratan, Gurdaat, Bhajneek, Jagdeep, Prabhki, Gurkiran & Ishveer	Suhaavi, Ajay, Harjap, Manveer, Simar, Rukiran, Namandeep, Simran, Santokh, Taranjot, Prabhki & Ratan	Namandeep, Sienna, Arnav, Simar & Prabhki