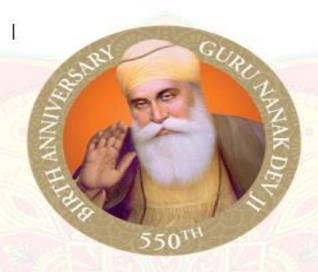
COMPETITION



COMPETITION

Thinking about the moral of the story as an inspiration, create something of your choice:

- Artwork
 - Poem
 - letter
- Model

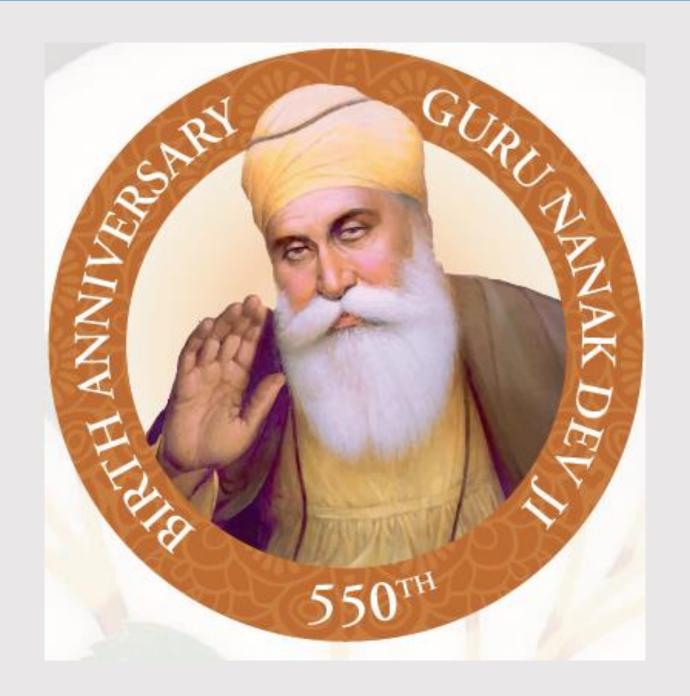
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selflessly, with an abundance of
love, compassion, & forgiveness

DEADLINE: 14th November 2019

Story of Guru Nanak Dev Ji and Wali Khandhari



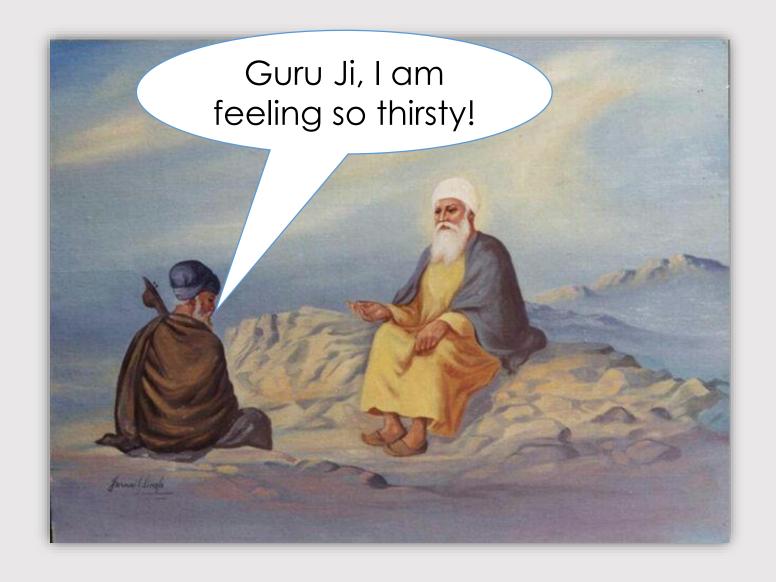




Guru Nanak Dev Ji and Bhai Mardana Ji were travelling on an Udassi (journey) during the hot season.

They reached a place called Rawalpindi (now in Pakistan).

Guru Nanak Dev Ji decided to rest in a shady spot near the mountains and started doing kirtan (singing God's praises).



Guru Nanak Dev Ji told Bhai Mardana Ji, the only water in this area was at the top of the mountain.

At the top of the mountain lived Wali Khandari; people had to ask for permission before they drank water from the mountain from him.

No you can't have water! Ask your Guru to give it to you.



Bhai Mardana Ji travelled up the mountain to ask him for some water.

Disappointed by the answer, Bhai Mardana Ji returned to Guru Nanak Dev Ji. Bhai Mardana Ji shared what happened on the mountain with Guru Nanak Dev Ji. Guru Ji asked Mardana how he asked for the water.



Bhai Mardana Ji tried again.

Having tried numerous times Bhai Mardana gave up and sat beside Guru Nanak Dev Ji.

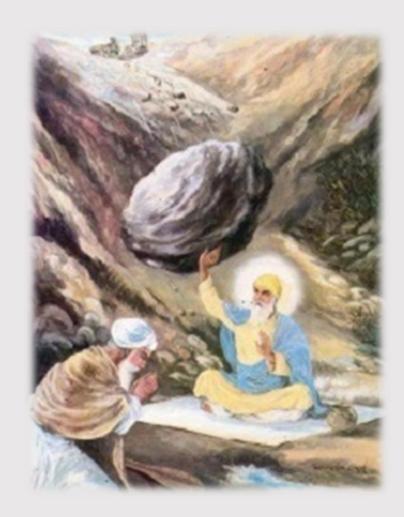
Guru Nanak Dev Ji pointed their finger to a stone at the bottom of the mountain and moved a stone.



A spring of water appeared and slowly all the water started disappearing from the top of the mountain.

Wali Kandhari noticed that all the water was disappearing from the top of the mountain.

In anger, he threw a large boulder (rock) at Guru Nanak Dev Ji from the top of the mountain. Guru Nanak Dev Ji calmly lifted their hand, stopped the boulder and moved it to the side.



Wali Kandhari was shocked by what he saw and quickly realised Guru Nanak Dev Ji was a very spiritual being. He ran down and begged for forgiveness.



Reflection

- What can we learn from this story?
- Can we think of a time in our own lives where we could have used the value of compassion more?

Compassion

Respect

"If you want others to be happy, practise compassion. If you want to be happy, practise compassion."

The Dalai Lama

Forgiveness

Humility

Guru Nanak Dev Ji's handprint can still be visible in the rock today. There is a gurdwara now in Pakistan called 'Panja Sahib' where people can go and pay respect to where this story took place.



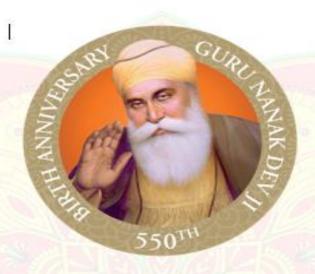


Panja Sahib



Why do you think the Gurudwara is called 'Panja Sahib?

COMPETITION



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