



## Dates for your Diary



### Tuesday 12th March

Year 1 Educational Visit to LEGOLAND Birmingham.

### Wednesday 13th March

Contentment 1 World Appreciation Assembly – Parents invited to attend 8:50am – 9:30am.

### Thursday 14th March

Forgiveness 2 Educational Visit to Sarehole Mill.

### Friday 15th March

Forgiveness 1 Educational Visit to Sarehole Mill.

Year 5 Faith Visit from St Joseph's school in Bridgewater.

### Wednesday 20th March

Parent meeting regarding Year 2 Residential Visit to Frank Chapman 8:50am – 9:30am.

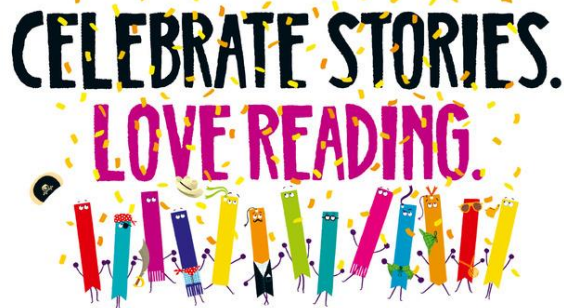
### Wednesday 27th March

Reception Mother's Day Craft Morning – Parents invited to attend 8:50am – 9:45am. Please come to your child's classroom.

### Wednesday 3rd April 2019

Parent meeting regarding Year 4 Residential Visit to Ingestre Hall 8:50am – 9:30am.

## World Book Day



World Book Day celebrations were, as always, very creative at Nishkam Primary School.

We had a range of character dress and pupils really engaged well with the mission to impress.

We organised a reading buddies activity whereby pupils shared stories across different year group.

Thank you to all the parents who supported our Scholastic Book Fair. We sold over £800 worth of books.



## Cadburys World Visit

To support pupils understanding of the Year 2 topic, pupils visited Cadbury World in Birmingham this week.

Cadbury World offers a unique experience that gives fascinating insight into the rich heritage of the nation's favourite chocolate brand. A variety of zones showcase our history, chocolate making,



## Year 3 Visit to Buddhist Temple



Year 3 pupils visited the Buddhist temple this week to develop their understanding and knowledge of the Buddhist faith.

Thank you for supporting our pupils with their spiritual learning.



## Sickness

When a child is unwell, for parents it can be hard deciding whether to keep them off school.

Not every illness needs a child to stay away from school. If a child is kept away from school, parents must inform the school on the first day of their absence.

Common sense needs to be used when deciding whether or not a child is too ill to attend school. Parents need to ask themselves the following questions.

- Is my child well enough to do the activities in the school day? If not, keep your child at home.
- Does my child have a condition that could be passed on to other children or school staff? If so, keep your child at home.
- Would I take a day off work if I had this condition? If so, keep your child at home.

## Common Conditions

If a child is ill, it's likely to be due to one of a few minor health conditions. (see below)

**Cough and cold:**

A child with a minor cough or cold may attend school.

**Headache:**

A child with a minor headache doesn't usually need to be kept off school.

**Vomiting and diarrhoea:**

Children with diarrhoea and/or vomiting must be kept off school until at least 48 hours after their symptoms have gone. Most cases of diarrhoea and vomiting in children get better without treatment, but if symptoms persist, consult a GP.

## Friends of Nishkam



## Summer Fete

Our annual Summer Fete is planned for Saturday 29<sup>th</sup> June 2019 at Nishkam High School. If you are able to support in any way through ideas or donations, please contact friends.of.nishkam@gmail.com. We look forward to another great event!

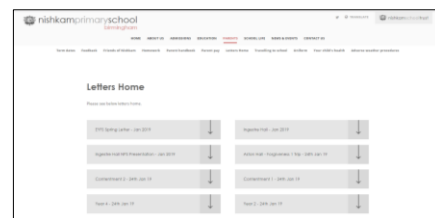
## Next Meeting

Our next meeting is Wednesday 3<sup>rd</sup> April 2019.

Thereafter meetings dates are as follows:  
Wednesday 1<sup>st</sup> May  
Wednesday 5<sup>th</sup> June  
Wednesday 3<sup>rd</sup> July

If you are unable to attend meetings but would still like to receive updates please email friends.of.nishkam@gmail.com

## Communication



Please continue to refer to our website for letters, term dates and other information about Primary School routines:

<https://www.nishkamschooltrust.org/npsb/page/?title=Letters+Home&pid=511>



Humility 2 World Book Day Assembly

## Online Issues

We appreciate that last week many of our parents were extremely disturbed by the concerns around the MOMO challenge.

Whilst we agree that the image itself was quite scary, we were more concerned about the number of parents who seem to be oblivious to the daily dangers your children face online.

The Momo challenge was indeed frightening but as a school we are more concerned by the following:

- Pupils playing online until 2:30am in the morning!
- Pupils playing online with strangers, including adult men through live streaming and web cam
- Pupils swearing and using bad language online, language which would not be acceptable at school and shouldn't be accepted at home either.
- Pupils using derogatory terms to talk about family members.
- Children in Year 2 upwards having their own mobile phones and access to social media
- Parents allowing children to watch films which are rated 15 and 18
- Pupils being bought games by parents not suitable for their age
- Number of pupils who talk to random people on line through the use of headsets

All of the above are just examples of safeguarding issues we have dealt with at Nishkam Primary in the last month.

We appreciate that our families are in a financial position whereby they can spend on games and consoles, however, do you consider the age limits on these games? Many parents feel compelled to purchase games which are inappropriate because "all the other children do too". This is not true. Please speak to other parents, we can assure you that many of our families do not allow their children to play online every night and restrict their playing to perhaps 30 mins a week.

What can parents do?:

- Talk to your child about their online activity: what are they playing, who with, what's the outcome of the game?
- Remove headsets – if you can hear their online conversations you know their language is appropriate and safe
- Join in, make it a family activity.
- Ensure the games your children play are age appropriate. If they are rated 13 – like Fortnite is, your children should not be playing it.
- YouTube streaming is also not suitable for under the age of 16.
- Whilst these age restrictions are guidelines you can understand why your children are not yet old enough to play them. As adults many of you may have Facebook, Instagram and Whatsapp. Adults find it difficult to remove themselves from social media. Yet we feel that our children are 'old enough' to have phones and deal with similar pressures and issues.

Please speak to your child's class teacher if you are concerned about their online activity. We are here to support you and give advice about how to manage pressures you or your child may be feeling at home.

Use the following websites for useful tips <https://www.childnet.com/parents-and-carers>  
<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety>

## Class Dojo



Children's behaviour in class is monitored by use of the 'Class Dojo'. Positives are awarded for good work and showing values. The children with the most positives in each class are celebrated in assembly along with the class that has the most positives for the week. Well done to all the children listed below and keep up the good work!

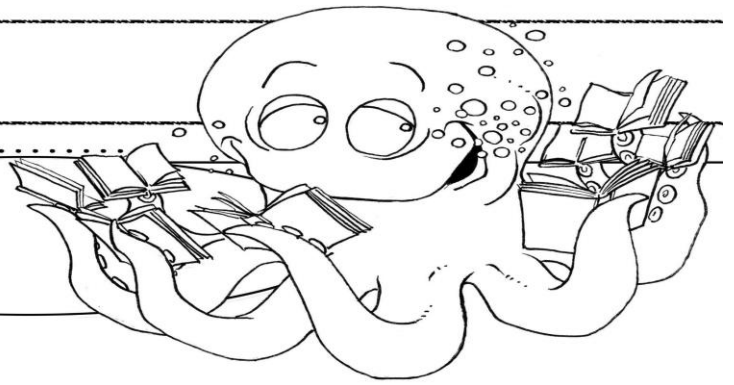
Children Awarded with the most Positives		
Class Name	Week commencing 25/2/19	Week commencing 4/3/19
Truth 1	Amrit N	Jagjeevan
Truth 2	Dylan	Ria
Service 1	Harveen	Avneet
Service 2	Anadh	Aljit
Humility1	Yashraj	Aarti
Humility 2		Sonakshi
Compassion 1		Sahej
Compassion 2	Suhaavi	Ajay
Forgiveness 1		Alisha
Forgiveness 2	Milveen	Kamaldeep
Contentment 1	Sienna	Avneet
Contentment 2	Akaal	Akaal & Gurkiran
Optimism 1	Gursimran	Benoadh
Optimism 2	Aghya	Kiran

Good Workers		Good Handwriting	
Class Name	Week commencing 4/3/19	Class Name	Week commencing 4/3/19
Truth1	Tafari	Truth1	Ajoooni
Truth 2	Tashan	Truth 2	Avani
Service 1	Amrit	Service 1	Avaani
Service 2	Harjas	Service 2	Khankor
Humility1	Jappreet	Humility1	Waheguruki
Humility 2		Humility 2	
Compassion 1	Baldip	Compassion 1	
Compassion 2	Armaan	Compassion 2	Diya
F1	Harshaan	F1	Kamran
Forgiveness 2	Haris	Forgiveness 2	Tia
Contentment 1	Juvraj & Maha	Contentment 1	Avneet & Santa
Contentment 2	Jagmohan, Harman, Akaal, Gurdaat	Contentment 2	Shaan
Optimism 1	Mehma, Meher, Gursimran & Samrath	Optimism 1	Harkirat
Optimism 2	Tanvir	Optimism 2	Rishveen

Pupils are congratulated on being such keen and regular readers! These children have read every day and brought their completed Reading Records into school.

## Nishkam Reader : Lifetime Achiever!

# Award



Below are certificate winners so far.

Class Name	30 Days	60 Days	90 Days	120 Days	150 Days	180 Days	210 Days	240 Days
<b>Truth 1</b>	Jeet	Gurmukh		Ajoooni				
<b>Service 2</b>		Sayaam, Gurmaan, Gagan, Harshleen, Prabhleen		Jai				
<b>Humility 2</b>	Simran J, Jeevan S, Charanjeev, Nirgun & Joban	Simran J, Pavneet, Nirgun, Sahib & Romanpreet	Udham & Taaj	Satnam & Bhavnek				
<b>Compassion 2</b>		Karanvir Arjun	Jayden & Ivneet	Taran	Suhaavi Haram Harvi Ekampreet Ajay	Asha		
<b>Forgiveness 1</b>	Ravneet	Harshaan, Rajan, Simarjeet,	Alisha	Sukhmani K			Milveen	Kirpal
<b>Contentment 1</b>	Gurnihal, Jagmohan, Vedh, Akaal, Amarpreet B	Shaan, Harveer, Aman, Rihanna, Amreet, Gursukh, Jasnoor, Jaskeerat & Amerpreet	Bhajneek & Harveer					
<b>Optimism 1</b>	Manny, Puneet & Mandeep		Benoadh	Samrath				