

nishkamprimaryschool

wolverhampton



20th November 2019

Dear Parent/Carer,

(Parent/Carer)

Contentment - Swimming Lessons

We are delighted to inform you that children in Contentment will be commencing swimming lessons. The lessons will take place at the Wolverhampton Swimming & Fitness Centre and will be led by qualified swimming instructors. The lessons will commence from Friday 6th December 2019 to Friday 14th February 2020, a total of 9 sessions (please note there will be no swimming lesson on Friday 3rd January 2020). Children will commute from school by coach and will be accompanied by staff at all times. For their lessons they will require the following items:

- Swimming kit: costume/trunks
- Towel to dry themselves
- Suitable bag to hold their swimming kit
- Swimming cap (required for children with long hair), goggles are optional

Children should bring their swimming kits into school every **Friday morning**. Any child without their swimming kit will unfortunately have to miss their lesson and remain in school. Please ensure all items of clothing are clearly named as the children will be responsible for their own belongings. It is advisable that all their children wear trousers or long socks on swimming days due to time constraints when changing. Kindly complete the consent slip below indicating your child's level of swimming ability.

Swimming is a great form of exercise and for those children who may not have been swimming before, we strongly advise that you try and introduce them before the start of their class. Swimming is free for under 17's across Wolverhampton swimming baths, so long as you reside in Wolverhampton, the lessons we provide are designed to assist children in their learning journey, we encourage families to continue taking their child/ren swimming thereafter.

If you do require further information, please do not hesitate to speak with your child's class teacher.

ssion for my child					
				.to participate in	swimming
able to swim with arm bands	Yes	No 🗌			
confident in water	Yes	No 🗆			
confident in water	Yes	No 🗆			
	able to swim with arm bands	able to swim with arm bands Yes	able to swim with arm bands Yes No		able to swim with arm bands Yes No