



Virtues in focus : Peacefulness & Tolerance

Dear Families,

I hope you are very well. It was always going to be a case of 'when' rather than 'if' we had to start sending groups home to self-isolate this academic year, and this week has seen the situation arise in both the primary and secondary phases of the school. This does, of course, test how tolerant we are in the scenario, as it presents all sorts of challenges for families and the school. In fitting with this week's virtue of tolerance, we have been so impressed by how calm and accepting our pupils and families have been. In the secondary phase, for example, pupils unable to be in school have been following their normal timetables by logging into live lessons. It has been extraordinary to see contributions and even musical performances not only from pupils in the classroom but also from those at home through the interactive screens. It is this kind of positive mindset that will help us to make the best of the situation, come what may.

Black History Month

October marks Black History Month, which reflects on the achievements, cultures and contributions of black people in the UK and across the globe, as well as educating others about the diverse history of those from African and Caribbean descent.

At NSWL, we will be celebrating Black History Month through assembly content as well as themes and topics covered across our curriculum such as Windrush Generation, Africa before slavery and South Africa during Apartheid. As a longer lasting commitment to celebrating diversity within our own school community and beyond, we are now linking aspects of our curriculum content to black history throughout the academic year, not just in October.

For more information about Black History Month 2020, please click on the link below:

<https://www.blackhistorymonth.org.uk/article/section/bhm-intros/why-black-history-month-is-more-important-than-ever-this-year/>

Repeat guidance around COVID-19 self-isolation and symptoms

We appreciate that when your child shows signs of any illness at the moment, it can be stressful and some parents have been finding it hard to know what to do. Please see below for a summary of the guidance we sent out in our letters this week, taken directly from the NHS.

What to do if your child develops symptoms of COVID 19

*If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.*

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

1st October– 31st October

Black History Month

9th October

#HellowYellow Day– Young Minds

Parent communication sent home this week:-

- **Autumn Term PE extra curriculum timetable**
- **Yr 7 Annual flu vaccinations letter**
- **Parent advice for close contacts of COVID-19 at NSWL**
- **Advice to all parents– single case of COVID-19 at NSWL**
- **Year 9 Remote learning during self-isolation**
- **NHS COVID-19 information letter**



If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

If your child is displaying any other symptoms and is well enough to come to school, please do send them in.

Our school office is still experiencing a high volume of calls asking for advice on this matter, so hopefully this information will also help to reduce the number of calls we are receiving.

Monthly donations

A huge thank you to the parents who have already set up standard orders of £6 per month for the school fund. We would ask all parents, if at all possible, to do this as soon as you can in order to support our educational offer here at NSWL.

Bank: Lloyds Bank plc

Account Name: Nishkam School Trust

Account Number: 32962968

Sort Code: 30-64-10

Kindly use the reference '**NSWL School Fund**' when setting up the standing order to allow us to track your donation.

A prayer for peace and tolerance, written by MINAB (Mosque and Imams National Advisory Board)

Lord, unite our nation around the principles of justice, peace, love and faith.

Put peace and love in our hearts for the diversity that makes our country so beautiful.

Oh Lord, most Strong, give us the strength to protect and care for our neighbours.

Oh Lord, we pray for our nation, the United Kingdom, to remain loving and compassionate.

Remove prejudice from our hearts, and enable us to love our brothers and sisters of all faiths and none.

Yours sincerely,

Mr T Cragg
Principal, Nishkam School West London

Attendance Figures	
This week	
All School (88.1%)	
9 Truth	9 Compassion
89.6%	92.1%
9 Contentment	9 Humility
84.7%	87.3%
8 Contentment	8 Truth
89.3%	90.7%
8 Compassion	8 Humility
90.2%	85.3%
8 Love	
86.4%	
7 Truth	7 Compassion
94.5%	89.5%
7 Humility	7 Contentment
88.2%	92.2%
6 Humility	6 Contentment
89.5%	92.5%
5 Truth	5 Compassion
86.9%	86.3%
4 Contentment	4 Humility
87.9%	92.9%
3 Truth	3 Compassion
85.5%	89.6%
2 Compassion	2 Truth
86.4%	94.6%
2 Contentment	2 Humility
82.9%	92.7%
1 Compassion	1 Truth
86.7%	85.7%
1 Contentment	1 Humility
85.8%	87.7%



NSWL Primary Head Boy and Head Girl

We are delighted to announce some new additions to the Primary pupil leadership team!

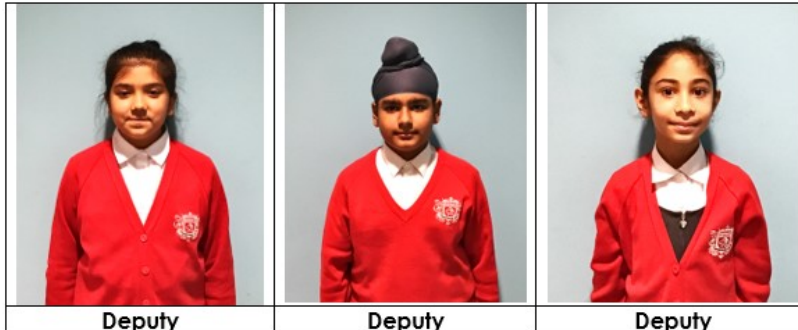
Our new Head Girl and Head Boy are Meher 6C and Tejpal 6H. We have also decided to appoint three deputies as these pupils were so impressive in their interviews. Your new Deputies are: Esher 6H, Ekkam 6H, and Bhaksees 6H. Thank you to everyone who applied. We were really impressed with the standard of applications and it was a very hard decision. Please do congratulate them when you see them.

Miss Militello & Mrs Kaur



Head Girl

Head Boy



Deputy

Deputy

Deputy

Primary Eco Committee

At the beginning of this term, pupils from Year 1 – 6 held Eco Committee elections. The children who wanted to be part of the Eco Committee prepared speeches about why they thought they would make a good Eco Committee member and what they have to offer. The children then voted for who they would like to represent them at meetings. The pupil chosen from each year group will attend regular meetings and feedback what has been discussed.

Eco schools is a programme for promoting environmental awareness. It is linked to most subjects in the curriculum, and will involve all children in cross curricular areas. At Nishkam School West London we are working towards the Bronze Award.

I'd like to congratulate our new Eco School Committee members who are made up of representatives from each year group in KS1 and KS2.

Please watch this space as lots will be happening for our Eco schools project this year.

Kulvinder Lidder-Eco Co-ordinator

Attendance Figures

Continued

R Truth	R Compassion
75.5%	76.5%
R Contentment	R Humility
82.9%	88.7%

Congratulations to the form groups who achieved 100% attendance



NSWL

Primary Eco Committee

- Year 1 - Kabir C**
- Year 2- Deetya N**
- Year 3 - Amanpaul G**
- Year 4 -Nalin A**
- Year 5 - Kareena P**
- Year 6 - Sehajveer K**

Our aim is to Save our Planet!



English: Reading Rivers (Year 7 & 8)

Students in English drew reading rivers, mapping out their reading histories and habits. Can you spot any familiar titles? **E. Evans**

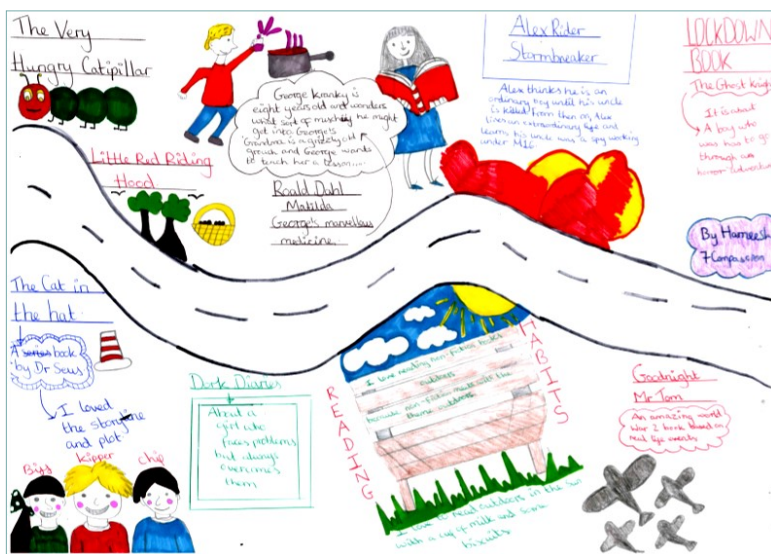


By Jind 8CN

Shannpreet 8H



By Harneesh 7CM

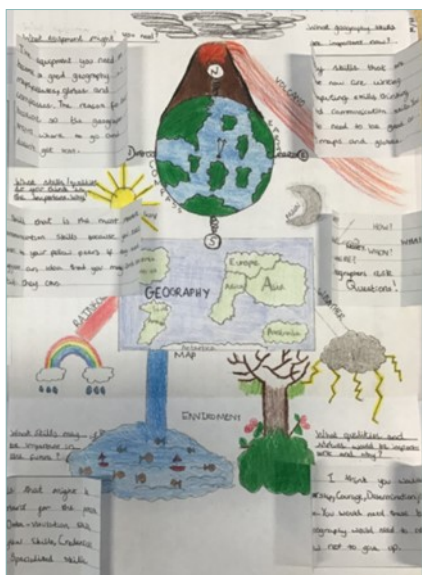




Geography : (Year 7)

Pupils in Year 7 have been spending time designing their own perfect Geographer. Considering the equipment, skills qualities and virtues they think would be important for a Geographer now and in the future. **M. Gill**

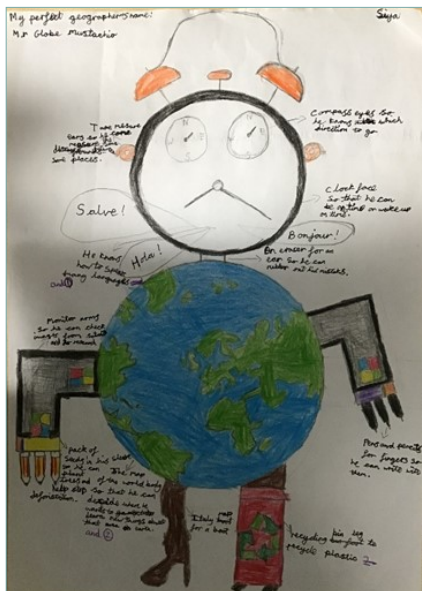
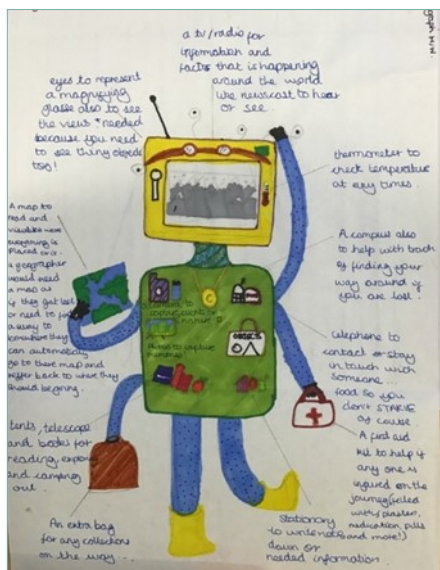
Simran 7CN



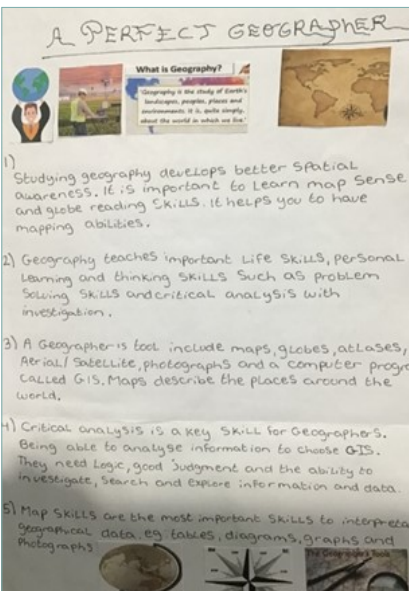
Prabhdish 7T



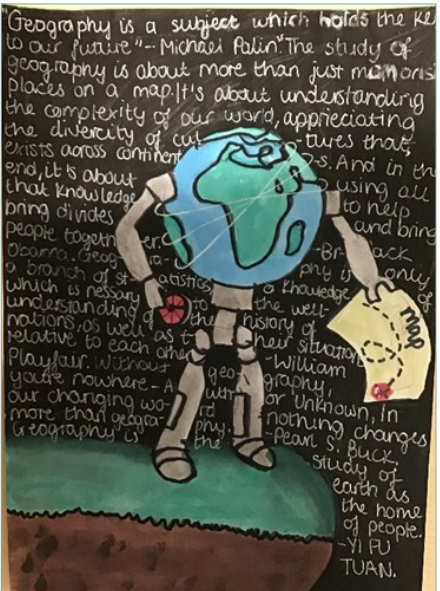
Anjali 7CN



Siya 7H



Oscar 7CM



Ishani 7H



Primary Phase: LKS2

3 Truth: In History, we have been learning about the Stone Age and how people lived. The children were really interested in the discovery of Stone Age houses by William Watt in 1850 and created their own newspaper articles. The children had to incorporate key features of a newspaper article, such as; the five W's (who, what, why, where and when) in their introduction.

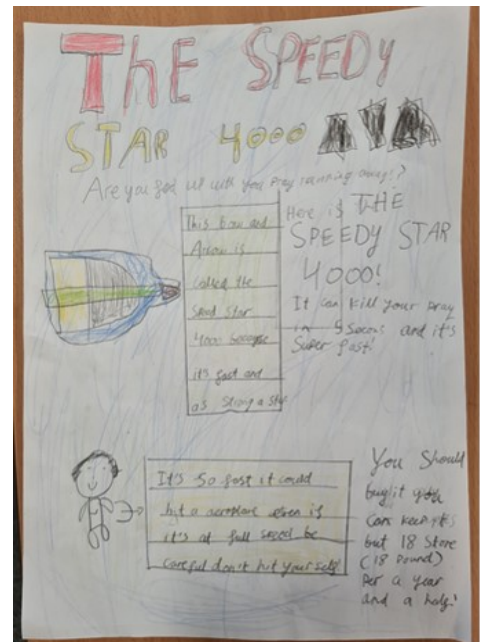
Leon's News!

Stone Age Houses discovered!

20.09.1850

On the coast of Scotland a huge discovery was found by a man named William Watt. The man said he was on his daily walk and then out of absolutely nowhere he saw stone age houses. William could not believe his eyes! He stood in disbelief he said. William was on his daily walk then randomly he spotted the Stone Age houses. He started to dig the houses. He found animal skins, corridors, jewellery, animal bones and more. He found no weapons. The animals bones could have been used for weapons.

Leon 3T



Jodh 3T

3 Truth: Children also created an advertising poster in History. This was to promote and advertise their own bow and arrow creation. They had to focus on persuasive techniques, alliteration and descriptive language.

3 Compassion: In Year 3, we have been learning about the features of an informal letter where we were focusing on using a variety of features and colloquial language too. The children wrote an Informal letter to UG in which they compared similarities and differences between their life and his life in the Stone Age.

Hey Ugee!

How are you doing? My name is Vivekaa and I'm from the future. We're reading a book all about you and your Stone Age life!

Did you know that in the 21st century, we have a completely different way of living to you! In the future, we get our food from a shop where all sorts of food varieties are available. My favourite has got to be this round thing that is later cut into triangles. It's known as Pizza!

I cannot believe that you have to play with rocks! To be honest, that would really hurt my feet. I would prefer to play with a soft football. In the future, we also have puzzles which can sometimes be pictures of scenery. My favourite thing to play with is dolls. These are plastic figures which we play with.

Hope you write back soon.

Love,

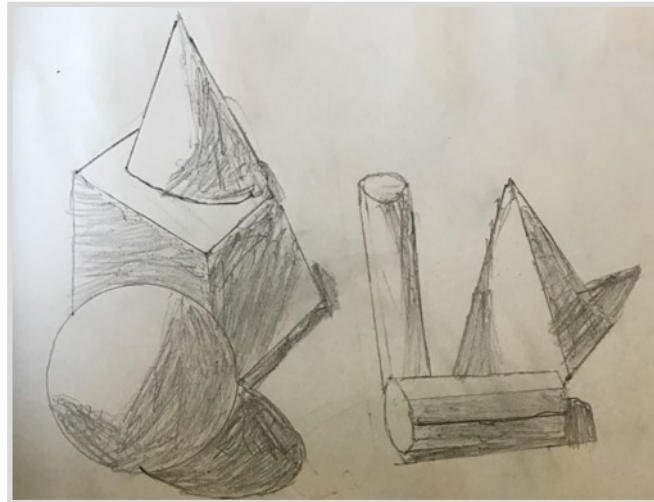
Vivekaa.

Vivekaa 3C



Primary Phase: LKS2

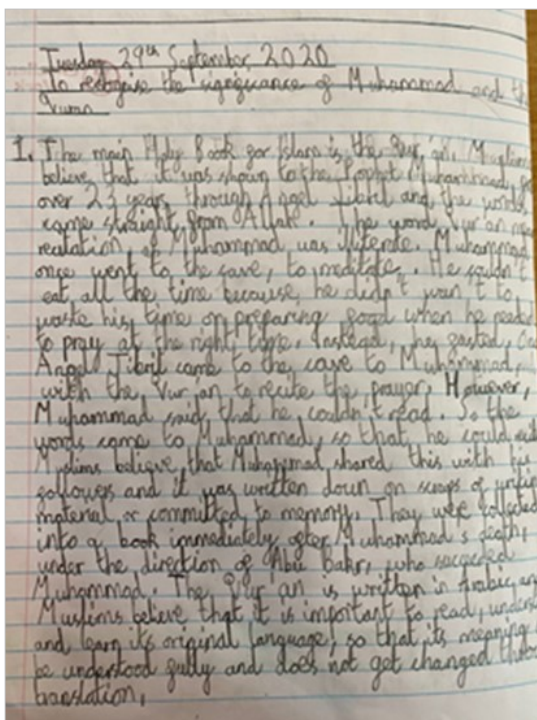
In art, we have been working on refining our sketching techniques. Gurwin has produced some really impressive artwork in which he has practised drawing 3D shapes. His attention to detail is really impressive and he has used shading to indicate where light was reflecting on the various shapes.



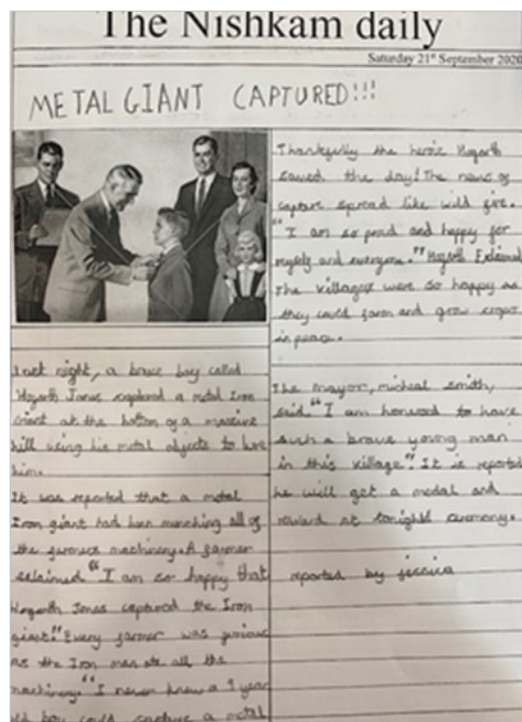
Gurwin 3C

4 Contentment: In writing, 4C looked at the features of a news report and wrote our own ones based on the text that we are reading "The Iron Man". For REFD, 4C learned about the importance of the Holy book for Muslims.

Krishang wrote about the significance of Prophet Mohammed and the Holy book for Muslims. Jessica from 4C wrote a news report about how Hogarth the brave boy captured a metal monster! She followed the structure for writing a news report and used direct speech and the five W's in her writing!



Krishang 4C



Jessica 4C




Primary Phase: LKS2

4 Humility: In history we have been learning all about the Anglo Saxons. The children have already learnt about the typical houses and lifestyle from that era. We also focused on the faith and religious life of people during the Anglo-Saxon period. We looked at paganism and the different representations of Gods. The children then created profiles for each God. Rien and Dilveen did such an excellent job describing the Gods that they chose!

Character Profile

Add facts about the character to each box.


Frige is the goddess of love marriage, child birth and home. Also goddess of Earth and Harvest. (She was married to woden)	She was Queen of all god and goddesses and her name means beloved.	
Her sacred Animal was a tall stalk. Her sacred tool was a spinning wheel.	Name: Frige 	Her special day is priday which means frige's day.
Her sacred constellation is orion's belt aka Frige's Distaff	Her special month is september when the day Harvest was	

Rien 4H

Dilveen 4H

Character Profile

Add facts about the character to each box.

Freo's job is to accept people because she was the goddess of love. Her sacred animals were the cat and the bear	Freo was the sister of Ing (god of fertility and king of elves)	
She was really beautiful and the rules made by her were incredibly fair and strict. She wept Golden tears when she was unhappy.	Name: Freo 	She is not to be confused with frige.
She wears a necklace called "Brisingham".	Her cat pulls a chariot while she sometimes rode a bear. Freo also had a magic cloak of jet feathers described as salmon.	
The necklace was stolen by loki, the god of cunning and deceit. It was thrown into the Saxon poem named "Beowulf".	King of the giants wanted to marry her and Thunor was forced to intervene.	



Pupil of the Week Certificates : 25.09.20

Congratulations to all the pupils who were awarded merit certificates for Pupil of the Week:

R Compassion:	Vaani Bhabra	R Truth:	Avreet Sokhi
R Humility:	Balraj Ubhi	R Contentment:	Kanwalpreet Lall
1 Compassion:	Reeth Kaur	1 Truth:	Jasmine Singh
1 Humility:	Jasgun Kataria	1 Contentment:	Jasmine Dhillon
2 Compassion:	Jasmine Grover	2 Truth:	Mahira Rana
2 Humility:	Nisha Dua	2 Contentment	Gurseerat Cheema
3 Truth:	Prabhmeharpreet Sidhu	3 Compassion:	Sargun Dhatt
4 Contentment:	Minaya Sidhu	4 Humility:	Dara Sodhi
5 Compassion:	Probina Soni	5 Truth:	Jovun Bhatia
6 Humility:	Esher Sawhney	6 Contentment:	Jaanvi Ghare
7 Compassion:	Tara Kumar	7 Truth:	Judah Hibbert
7 Humility:	Sanvi Anand	7 Contentment:	Jeevika Ganesh
8 Compassion:	Jasveer Singh	8 Truth :	Prachi Kansagra
8 Humility:	Veer Flora	8 Contentment:	Jasnoor Punia
8 Love:	Ishaan Muthreja	9 Compassion:	Jasleen Rooprai
9 Truth :	Savir Sura	9 Humility:	Navneet Ahuja
9 Contentment:	Sid Krishnan	Faith:1Contentment	Ishpal Bumrah



Pupil of the Week Certificates : 02.10.20

Congratulations to all the pupils who were awarded merit certificates for Pupil of the Week:

R Compassion:	Ishmeet Kapoor	R Truth:	Sandev Lall
R Humility:	Puran Mondair	R Contentment:	Gagan Sura
1 Compassion:	Jovan Toor	1 Truth:	Dyal Kanda
1 Humility:	Baani Sarai	1 Contentment:	Teghan Kaur
2 Compassion:	Harkirat Singh	2 Truth:	Tamil Senapathy
2 Humility:	Parteek Sangha	2 Contentment	Kanishka Kapoor
3 Truth:	Gursahej Kaur	3 Compassion:	Himmatpreet Sidhu
4 Contentment:	Aaryan Sharma	4 Humility:	Vihaan Tiwari
5 Compassion:	Chaitra Daggolu	5 Truth:	Ishmeen Bhatia
6 Humility:	Sehej Banga	6 Contentment:	Milaavn Singh
7 Compassion:	Tara Kumar	7 Truth:	Keertun Samra
7 Humility:	Pavithra Venod	7 Contentment:	Esharveer Ubhie
8 Compassion:	Kiran Noor Sangha	8 Humility :	Jiya Gandhi
8 Truth:	Joey Sandhu	8 Contentment:	Sanvi Jain
8 Love:	Jugat Arora	9 Compassion:	Kian Mahal
9 Truth :	Harkaran Multani	9 Humility:	Amreet Matharu
9 Contentment:	Rehaan Gupta- Chaudhry	Faith: R Contentment	Dreu McIntosh