



## Virtues in focus : Cleanliness & Sacrifice

Dear Families,

It is hard to believe that we have already reached the end of the spring term after all of the disruption that school closure caused at the start of this year. Our school community is a true testimony to resilience, determination and courage as we have navigated our way so well through all of the challenges. This time of year is my favourite as spring brings in more light, sense of renewal and blossoming of new possibilities.

It is also a reflective time of year when a number of important faith events are marked. Holi celebrates the victory of good over evil and welcomes in the new season full of colour and positivity. Ramadan is the month of observance and reflection through which there is spiritual growth and closer bonds developed with God. Easter reminds us of sacrifices made for the greater good bringing hope and new opportunities. Vaisakhi marks one of the most significant events in Sikh history with the birth of the Khalsa Panth (baptised Sikh community) symbolising taking on challenges in a strong and fearless way and never resorting to injustice or unfairness.

This really celebrates our multifaith communities and reminds us of how much we can learn from each other. As the term draws to an end and some of the national restrictions are easing, we wish you a very lovely break and hope you get to spend some more time with loved ones. We look forward to seeing everyone back on Monday 19<sup>th</sup> April.

Like the bee gathering honey from  
the different flowers, the wise  
person accepts the essence of the  
different scriptures and sees only  
the good in all religions.

— Mahatma Gandhi —

Best wishes,

*S. Rai*

Mrs Rai, Head of Primary Education.

2nd April 2021

Good Friday

5th April 2021

Easter Monday

8th April 2021

Wesak

12th April 2021

Ramadan begins

14th April

Vaisakhi

19th April 2021

Virtue – Faith

All pupils back in school

### Parent communication

- **Serious incidents in the local area**



### Watching videos

Children love to watch videos and YouTube is always a firm favourite! But sometimes children can be exposed to videos that are not meant for them.

[YouTube Kids](#) is a safer way for children to explore their interests. You can find more information about this on [YouTube: what parents need to know](#).

Remember, primary-age children should be supervised at all times when online.

<https://parentinfo.org/article/youtube-what-parents-need-to-know>



## Contact Tracing

It is really important that you email us at [Enquiries.NSWL@nishkamschools.org](mailto:Enquiries.NSWL@nishkamschools.org) if:

- Your child showed CV19 symptoms whilst at school this week, then tests positive for CV19
- Your child tests positive for CV19 within 2 days of them being at school, even if they were not showing symptoms in school.

We will then need to trace any pupils / staff your child may have been in contact with and instruct them to self-isolate. This will apply up to and including Wednesday 5<sup>th</sup> April. If possible, please let us know by 11am each morning, as this is when the Enquiries.NSWL inbox will be checked.

Where symptoms followed by a positive CV19 test occur more than 2 days since your child was at school, this does not need to be reported.

Where a positive CV19 test occurs and your child is asymptomatic more than 2 days since they were at school, this does not need to be reported.



## Instrumental Lessons: Summer Term 2021

Many schools across the Borough had stopped private instrumental lessons completely over this school year. Despite many changes, including a switch to online lessons, we are delighted that we have still been able to offer music lessons to our pupils.

Thank you to parents/ carers for your continued commitment to your child's musical learning and for your flexibility.

If you would like your child to continue or start music lessons at school (Years 3-9), please complete the form below by **Tuesday 20th April**.

Mrs Carroll

[https://forms.office.com/Pages/ResponsePage.aspx?id=0cSshxNDPUKeL6H4\\_TA19htWvgFD7yxGuh\\_T2LENkVUUMTBbTUM2MUI2NTRCVkdGOTBURzBDN1RPUi4u](https://forms.office.com/Pages/ResponsePage.aspx?id=0cSshxNDPUKeL6H4_TA19htWvgFD7yxGuh_T2LENkVUUMTBbTUM2MUI2NTRCVkdGOTBURzBDN1RPUi4u)

## Faith *Pratī*

*'The faithful find the Door of Liberation.'*

**GURU NANAK DEV, SRI GURU GRANTH SAHIB, PAGE 3**

*'Faith is taking the first step even when you don't see the whole staircase.'*

**MARTIN LUTHER KING JR**

Faith is trust in God. You are confident that your life has a purpose, knowing you were created with love. Faith gives you the strength to endure hard times without giving in to doubt or fear. You never lose hope. You turn to prayer for guidance. You are grateful for the gifts and lessons in whatever happens. You are open to accepting God's Will.

### Signs of Success

I seek a relationship with my Creator.  
I trust that my life has meaning.  
I am prayerful in all circumstances.  
I allow faith to guide my course.  
I am receptive to wonders.

Faith blesses my life always.

Dear Parents/Carers,  
Please see the two Virtues of the week from our Nishkam Passport :

## **Faith** **Reliability**

Please discuss experiences and examples of how this Virtue has been used at home with your families.

Thank you, Ms Sohail

## Reliability *Bharose-yogtā*

*'The Lord's feet are my all-powerful shelter and support; my dependence [reliance] on other people is totally finished. I have found the Life of the world, the Great Giver; in joyful rapture, I sing the Glorious Praises of the Lord.'*

**GURU ARJAN DEV, SRI GURU GRANTH SAHIB PAGE 622**

*'There is "right" Action: that which being enjoined is wrought without attachment, passionlessly, for duty, not for love, nor hate, nor gain.'*

**BHAGAVAD GITA**

Reliability means that others can depend on you. It is doing something that you have agreed to do in a predictable way, without forgetting or having to be reminded. You really care about doing what you said you would do. When you are practising reliability, others can count on you to do your very best to keep your commitments.

### Signs of Success

I make promises I can keep.  
I take my agreements seriously.  
I plan ahead and finish on time.  
I do my best.  
I find another way if obstacles occur.

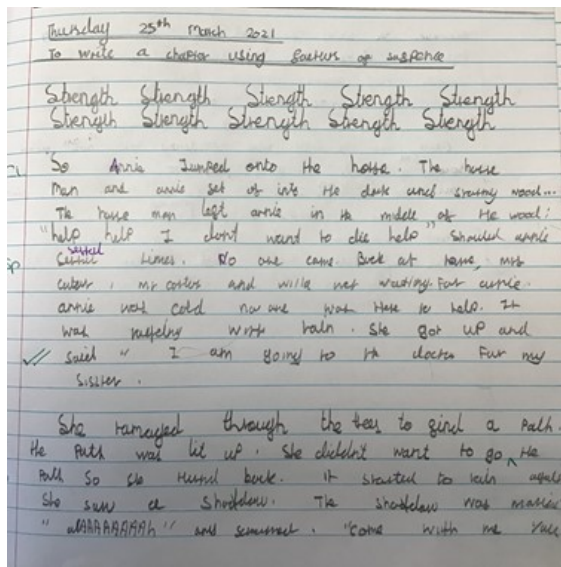
Reliability helps me to be worthy of trust.



### Primary Phase : Yr3 & Yr4

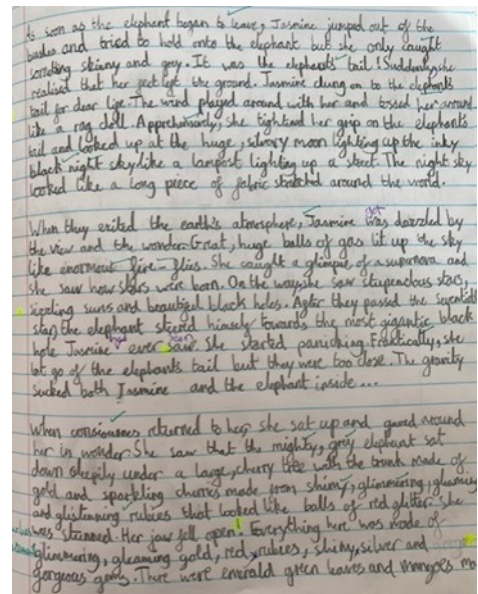
In English, Year 3 were writing a suspense chapter. They had to include a range of adjectives, senses and descriptive vocabulary. **Tarndeep** was able to create a chapter, which made her class want to read on further to find out what happens next.

#### 3 Truth:



**Hikaru** wrote an amazing setting description of the 'Heavenly Garden' using descriptive language and adverbials. The students found themselves completely immersed in the magical description and found it thoroughly detailed and interesting.

#### 4 Contentment:



Year 3 were focusing on extreme weather, particularly thunderstorms. **Ishmeet** was able to explain how thunderstorms are created, what happens inside the cloud and what temperature is needed. She was able to use key vocabulary in order to explain her ideas and geographical thoughts.

#### 3 Compassion:



In Year 4 we have been learning all about natural disasters in geography. We have studied a range of natural disasters from the past and more recently. The pupils were set the task of using the virtue of creativity to make a model of a natural disaster. **Ruby** created a fantastic volcano.

#### 4 Humility:





## Secondary Phase : Food Technology : Lockdown Food Projects

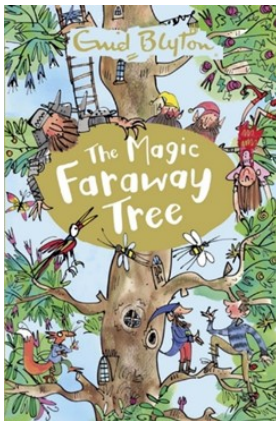
KS3 Food and Nutrition pupils have been working extremely hard over the last term and here is a selection of some of their work during lockdown. Year 7 have presented their 'Hot chocolate' and healthy 'Cous Cous Salad' in a very creative and fun way! Year 8 were able to use their baking skills in making 'Shortbread biscuits' and creating an inspiring food dish using Jersey potatoes. Year 9 were able to display their culinary talents in their 'Rainbow challenge' and 'Tin beans Challenge', which was a project run nationally across schools. I was thoroughly impressed with the hard work, creativity, and excellence that pupils displayed - well done! Mrs G Johal





## Everyone's a Reader at Nishkam

*What can I read next?*



Title: **The Magic Faraway Tree**

Author: Enid Blyton

Recommended by: Mrs Panesar-Tatla

Recommended for: Years 2-4

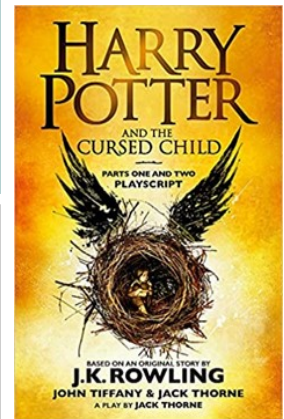
You must read this book if you love fantasy stories and magic. You will not be able to stop laughing when you are introduced to the Saucepan man!

What I'm going to read next: **Harry Potter and the Cursed Child**

Author: J K Rowling

Recommended for: KS3

I have read all the Harry Potter books except this one! I am interested to read a play script and find out if it is just as exciting as her other books.



Title: **Space Race**

Author: Malorie Blackman

Recommended by: Miss Hatvany

Recommended for: KS1

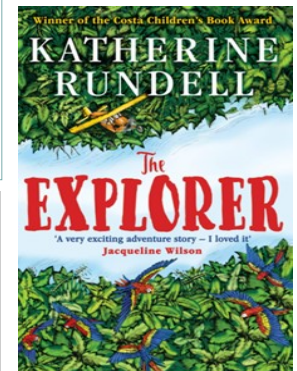
Right from the first page, we see that Jake lacks humility, patience and leadership. Will he learn any virtues over the course of the story? Read this book and find out! There are some great illustrations of space too.

What I'm going to read next: **The Explorer**

Author: Katherine Rundell

Recommended for: KS2

I enjoyed learning about deforestation with my Year 2 class so am interested to read this book as it is set in the Amazon. I also listened to a talk by Katherine Rundell and she said that to write a story you need four things. A place, characters, a 'what if?' and a first sentence. I'm excited to go on a journey with her characters and explore the rainforest!



*Author: Jamila Gavin*



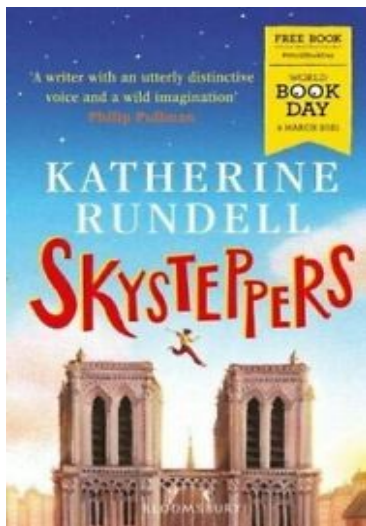
Year 3 were extremely lucky to be able to talk to Jamila Gavin, who they were studying as a part of author week. The children were able to ask Jamila questions and take in great ideas from her. This was a great opportunity to speak to an author of an Asian background.



## World Book Day : Creative Writing KS3

On World Book Day this year KS3 pupils took part in a creative writing session in their English lesson using SKYSTEPPERS by Katherine Rundell as the stimulus.

Here are some examples we would like to share with you.



### Dhiaavi, 7T:

I remember it as if it were yesterday, the clearest memory in my head. The astonishing view, the radiant lights and the gleaming moon in the starry night sky. It was beyond breath taking. It was...beautiful.

Let me start at the beginning, for you may be confused. It all took place about a year back. All on my own I was, with no father to protect me and no mother to hold me. They left me a very long time ago, so now every memory I'd ever had with them were my most treasured possessions. Every night when they were here, we would sleep under the stars, and me and mother would gaze up at the moon. "One day," she would say to me. "One day we'll be up there. And we'll have the most astonishing adventure."

Every day and night I would dream of us going up there. Every birthday, I wished for us to be there. I spent most of my life thinking about it. But when my parents died, I thought that so had my dream.

That was, until last year. I had been wondering around for quite some time, looking for a place to rest where I could see the moon. And that's when I found it. The perfect place. At the Wembley Arena. The moon looked so close, I felt that if I went a little further, I would be able to touch it. So that's what I did. I went a 'little' further. But before I knew it, there I was, climbing up the side of the arena! Although I had never been scared of heights, I was beginning to feel weary. But I kept on going. I wanted to fulfil both mine and my mother's dream, even if it meant I would have to risk everything. But I did it. After hours of dragging myself up the face of Wembley Arena, I came to the top. That's when I reached out my hand. But then I stopped. I wouldn't do it. Not without my mother. Instead, I lay down on the roof, and drifted away to sleep. For the first time in my life, I didn't dream about going to the moon, because I realised that my whole life I had been there. This was my moon. And for as long as I could dream about it, I would have it.

### Kavan, 9T

I mustered up all my courage to try to scale the terrifying mountain that was the pillars of an Ancient Roman temple, therefore I jumped over the barrier like a hurdler and I found that the dents in the pillars acted like footholds which allowed me to climb up them effortlessly like a monkey. I scrambled to the top, expecting the visitors to alert health and safety, but they were oblivious to my jeopardous actions. I felt godlike, as I surveyed the beauty of Rome from the towering buildings to the small villages in the distance. Picturing this scene in my mind in Ancient Rome, I was in awe of the splendour of this city, from the cafes and restaurants to the monuments and hotels, and I was taken aback to the point where my important mission vanished from my mind, until gunshots exploded in the darkness. I realised they were aimed at me, so I ducked down, but I forgot that I was on an unstable monuments, so I plummeted to the ground, wondering if I would ever see my family again.



# nishkamschool

westlondon

## Try before you bike scheme

London Borough of Hounslow



### Hounslow Try Before You Bike Scheme

#### THINKING OF CYCLING?

Try out a new or nearly new bike for a monthly fee. If you like the bike, buy at a discounted price or continue to pay monthly until you own it.

Try a bike from £10 for kids • £20 for adults  
• £20 for folding • £50 for electric  
• £100 for cargo bikes.

Free delivery and collection.

No deposit, interest or cancellation fees.

This scheme is delivered by Peddle My Wheels on behalf of Hounslow Council.



#HOUNSLOWBYBIKE

For more info visit: [www.peddlemywheels.com/try-before-you-bike](http://www.peddlemywheels.com/try-before-you-bike)

#### INTRODUCTORY OFFER:

£100 DISCOUNT VOUCHERS on a first come first served basis for people who go on to purchase their bike, further vouchers for unemployed/low income households : voucher code #hounslowbybike



Trailer



Cargo



Adult



Electric



Folding



Kids

## FREE COURSE FOR PARENTS/CARERS



### Circle of Security - Parenting

Start Date: 21/04/21

Time: 1 - 3pm

Location: Online

Course Duration: 8 Weeks

Understand your child's emotional world by learning to read and manage their emotional needs. Enhance the development of your child's self esteem.

FOR ENQUIRIES OR ENROLMENT, CONTACT US ON

PHONE: 0208 583 6000

WWW.HACE.AC.UK



London Borough of Hounslow



## Parent / Carer courses

## Flyer attached to newsletter



London Borough of Hounslow

## WHAT'S ON?

School holidays are here and there is plenty on to keep children and young people entertained! Check out our guide to national and local activities running remotely this Easter for all age groups, including fitness, dance, discussion groups, theatre, outside events and more...

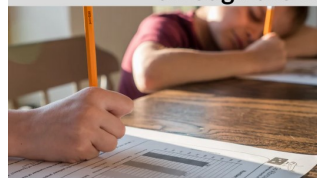


London Borough of Hounslow

LEARNHOUNSLOW

## FREE COURSE FOR PARENTS/CARERS

Keeping Up with Children's KS1 English and Maths through the wider curriculum



Start Date: 11/05/21

Time: 9.30-11.30am

Location: Online

Course Duration: 6 Weeks

Understand the National Curriculum for Maths and English and how these link to all subjects. Support your child's learning through fun and interesting activities.

FOR ENQUIRIES OR ENROLMENT, CONTACT US ON

PHONE: 0208 583 6000

WWW.HACE.AC.UK



## Free Pre School Gymnastics & Football Taster Week

During the week of Monday 12<sup>th</sup> April – Saturday 17<sup>th</sup> April, we will be delivering FREE pre school gymnastics (Tumble Bees) and pre school football (Mini Bees) taster sessions. All sessions will take place at the brand new Gunnersbury Park Sports Hub, which can be seen in the attached photo.

Sessions are open to children aged 18 months – 4 years for gymnastics and 18 months – 6 years for football.

To book your FREE place and for more information on the programmes, please use the following links:

Tumble Bees Gymnastics - <https://www.brentfordfcst.com/product/tumble-bees-taster-week-gymnastics/>

Mini Bees Football - <https://www.brentfordfcst.com/mini-bees-football/>

### Join our mini bees football programme



Community  
Sports  
Trust



### Join our new gymnastics classes







## Pupil of the Week Certificates : 26.03.21

Congratulations to all the pupils who were awarded merit certificates for Pupil of the Week:

R Compassion:	<b>Guransh G</b>	R Truth:	<b>Jappanjeet S</b>
R Humility:	<b>Martino F</b>	R Contentment:	<b>Ripudaman J</b>
1 Compassion:	<b>Reeth K</b>	1 Truth:	<b>Rubaani B</b>
1 Humility:	<b>Saanvi S</b>	1 Contentment:	<b>Barkat K</b>
2 Compassion:	<b>Gurleen S</b>	2 Truth:	<b>Manreet M</b>
2 Humility:	<b>Armaan P</b>	2 Contentment:	<b>Arya L</b>
3 Truth:	<b>Karanvir C</b>	3 Compassion:	<b>Chapreet J</b>
4 Contentment:	<b>Khushi B</b>	4 Humility:	<b>Dara S</b>
5 Truth:	<b>Munpreet S</b>	5 Compassion:	<b>Ishaandeep P</b>
6 Humility:	<b>Bikramjeet S</b>	6 Contentment:	<b>Niyam P</b>
7 Compassion:	<b>Manveer A</b>	7 Truth:	<b>Dhiaavi L</b>
7 Humility:	<b>Jasmeet P</b>	7 Contentment:	<b>Arjun S</b>
8 Compassion:	<b>Abineet D</b>	8 Truth :	
8 Humility:	<b>Ravjyot R</b>	8 Contentment:	<b>Devraj S</b>
8 Love:	<b>Zena V</b>	9 Compassion:	<b>Ziinudiin A</b>
9 Truth :	<b>Simrandeep C</b>	9 Humility:	<b>Navneet A</b>
9 Contentment:	<b>Naina B</b>	Faith: 1 Compassion	<b>Kulpreet L</b>



## Pupil of the Week Certificates : 02.04.21

Congratulations to all the pupils who were awarded merit certificates for Pupil of the Week:

R Compassion:	<b>Kian B</b>	R Truth:	<b>Bani K</b>
R Humility:	<b>Musa K</b>	R Contentment:	<b>Shiv M</b>
1 Compassion:	<b>Avneet K</b>	1 Truth:	<b>Tejas W</b>
1 Humility:	<b>Harsimran B</b>	1 Contentment:	<b>Adil K</b>
2 Compassion:	<b>Tanveer C</b>	2 Truth:	<b>Anjleen A</b>
2 Humility:	<b>Anvita K</b>	2 Contentment:	<b>Naina S</b>
3 Truth:	<b>Nayan S</b>	3 Compassion:	<b>Kuljot P</b>
4 Contentment:	<b>Jessica D</b>	4 Humility:	<b>Jeevun S</b>
5 Truth:	<b>Harleen S</b>	5 Compassion:	<b>Pavandeep L</b>
6 Humility:	<b>Geetamrit P</b>	6 Contentment:	<b>Milaavn S</b>
7 Compassion:	<b>Amaani B</b>	7 Truth:	<b>Reyhan D</b>
7 Humility:	<b>Pavithra V</b>	7 Contentment:	<b>Jasneet K</b>
8 Compassion:	<b>Luvleen B</b>	8 Truth :	<b>Aman G</b>
8 Humility:	<b>Rajmeet N</b>	8 Contentment:	<b>Chanwin M</b>
8 Love:	<b>Ashdeep K</b>	9 Compassion:	<b>Dhaya S</b>
9 Truth :	<b>Laksh K</b>	9 Humility:	<b>Gobind T</b>
9 Contentment:	<b>Taran G</b>	Faith: 1 Compassion	<b>Parvathy V</b>