



Virtues in focus : Simplicity & Kindness

Dear Families,

In spite of the latest twists and turns of events taking place around us, I wish you a very happy new year, and even though things may seem hard now, let's look forwards with optimism at what 2021 might bring. I certainly feel full of optimism and hope when I see our pupils' fantastic attendance in online lessons and witness their engagement with our remote learning offer across both phases. Thank you for your support in making this happen. We will be asking for your views on our remote learning offer in more detail next week, so do look out for the survey links we send to you.

If you are in hardship and access to the Internet and / or appropriate devices is a real issue for you, please do get in touch with us through the relevant class teacher / pastoral leader.

We have been focusing on the virtue of kindness this week, and I have set the primary phase the challenge of carrying out random acts of kindness over the weekend, so look out for those. Secondary pupils, please feel free to join in too! I leave you with a prayer around the theme of kindness. Take care and stay safe.

Dear God,

Help us to remember that no act of kindness is ever wasted, and that by performing just one act of kindness, we can inspire a ripple effect of kindness in other people. Help us also to remember that although an act of kindness may cost us one minute, the effects can sometimes last a lifetime. Thank you, Lord, for your compassion and kindness. Thank you for your love and for your countless blessings in our lives every day. Amen.



Yours sincerely,

Mr T Cragg

Principal, Nishkam School West London

Dates for your diary



20th January 2021

**Guru Gobind Singh Ji
Gurpurab**

READING
gives us
SOMEPLACE
to go when
we have to
STAY where
we are

Parent communication:

"We will be asking for your views on our remote learning offer in more detail next week, so do look out for the survey links we send to you."

Kindness doesn't
cost a thing.
Sprinkle it
everywhere!

"The greatest ideas
are the simplest."

- William Golding



Speech and Language Support at Home

To support parents to support their children at home, the Speech and Language Therapist has put together a list of useful Speech & Language Therapy websites. These will help you gain a better understanding of your child's needs and support you to implement strategies at home. You may find these useful even if your child is not on the SEND register or does not have any form of diagnosis.

National Autistic Society: <https://www.autism.org.uk>

This website provides information about supporting children/young people with autism. There is a helpline available, parents can call at any time. There is also an online parent forum.

I CAN: <https://ican.org.uk>

I CAN are a charity for children with speech, language and communication needs (SLCN). It gives information on useful books and DVDs to support children, explanations of different types of communication difficulties and how to access support online.

Talking Point: <https://ican.org.uk/i-cans-talking-point>

Talking Point provides parents with information about speech, language and communication. It provides information about communication skills, advice sheets, ages and stages information explaining what your child should be able to do at each age, and a progress checker that you can complete to see if they need help as well as free resources.

AFASIC: <https://www.afasic.org.uk>

This is a charity for children with SLCN. It has speech and language developmental milestones, what to look for, resources to support children, a parent helpline and information about AFASIC groups near you.

The Communication Trust: <http://www.thecommunicationtrust.org.uk>

The Communication Trust are another charity of children and young people with communication difficulties. They have many free resources for parents, including speech and language games, top tips, and online training.

Please contact the school SENDCo, Miss Stoddart, if you have any concerns.

Nishkam Christmas competition

Congratulations to all the pupils who participated in our end of term Christmas Competition. It was a great success, and all pupils who entered videos or art work will be issued positive points this week.

 [CHRISTMAS COMPETITION 2020.mov](#)

If you still wish to donate to our charity page for Khalsa Aid, please see the following link: <https://uk.virginmoneygiving.com/MusicDepartmentNishkam>

Instrumental Lessons

Thank you to families who have signed up and paid for instrumental tuition this term. Lessons are being delivered remotely via Teams.

Just a reminder that to access each lesson, parents or pupils can click on the attached link which has been sent by email.

Alternatively, pupils can **open their Teams' calendar** and **"join"** their lesson at their allocated lesson time each week.

For any enquiries, please email enquiries@nishkamschools.org

Mrs Carroll



Photography Lockdown Challenge

NISHKAM SCHOOL WEEKLY LOCKDOWN PHOTOGRAPHY COMPETITION

- PARTICIPATE IN OUR WEEKLY COMPETITION
- GAIN HOUSE POINTS
- HAVE YOUR PHOTO PRINTED IN OUR NEWSLETTER
- LET YOUR CREATIVE SPIRIT FLOW



HOW TO GET INVOLVED

- All year groups and staff are welcome to enter
- A camera phone is perfectly fine
- Just have fun – interpret the theme any way you like!
- Send us your favourite image
- One entry per pupil per week
- Submit to Ms Kelly through Show my homework by **1pm** each Friday
- All entries gain house points
- Winning entry will be published in the newsletter



THE WEEKLY THEMES ARE...

- Week 1 – Submit by 1pm Friday 22nd January – Theme – My favourite food...*
- Week 2 – Submit by 1pm Friday 29th January – Theme – Winter in lockdown...*
- Week 3 – Submit by 1pm Friday 5th February – Theme – Learning...*
- Week 4 – Submit by 1pm Friday 12th February – Theme – Friendship...*
- Week 5 – Submit by 1pm Friday 19th February – Theme – Family and Pets...*



nishkamschool

westlondon

Primary Phase: Years 5 and 6

It has been a real pleasure and privilege to see how hard the children have been working over the past couple weeks in their remote lessons. They have all shown such commitment and dedication to their learning. The children have produced some excellent pieces of work and have completed a wide range of tasks. It was wonderful to see that as well as schoolwork, the children have taken this time to learn new skills such as cooking wonderful dishes; learning to ride a bike; and brushing up on their artistic and creative skills. We miss them all very much and are so proud of all the children. In celebration of Guru Gobind Singh Ji's Gurburab next week the Year 5 and 6 children have written some wonderful poetry, created information posters and produced some amazing artwork.

We would like to wish you all a Happy and Safe Gurburab.

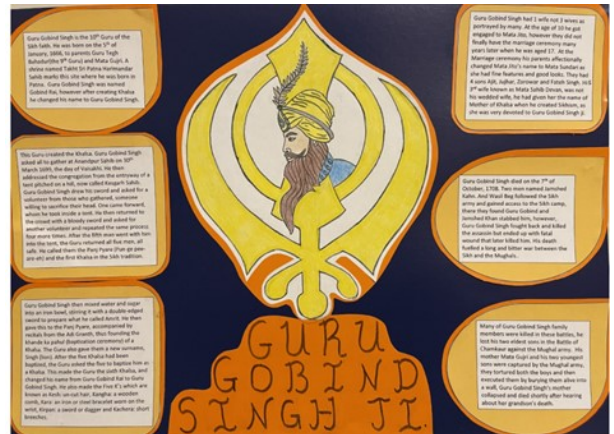
Mrs Jatana (Upper Key Stage 2 Phase Leader)

**May Guru Gobind Singh Ji inspire you to achieve all your goals and may his blessings be with you in whatever you do.
Hearty wishes of Gurburab to you!**

Anaiya i 5C



Ravjot 6H



Jayden 6Cn

Kareena 5T

Guru Gobind Singh

*May Our 10th Guru, Guru Gobind Singh Ji
Bless us and our loved ones and bring
Happiness when we need it in our lives
Which will be always.*

*O our Guru has told us
The reason we are Born
Is to advance righteousness
And to emancipate the Good
And to destroy all evil!*

*Our Guru told us what we should
Not do as this is not respectful,
Never Gossip Never lie and
Never do bad.
Thank you God for Everything
And A VERY HAPPY GURUPRAB
TO EVERYBODY and God will always be with you!*

Ekkam 6H



Ruby 6H

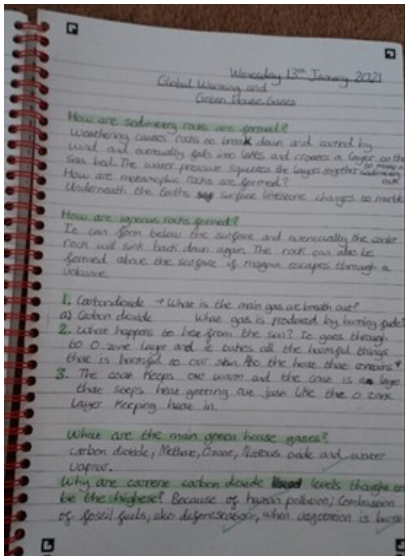


Esher 6H

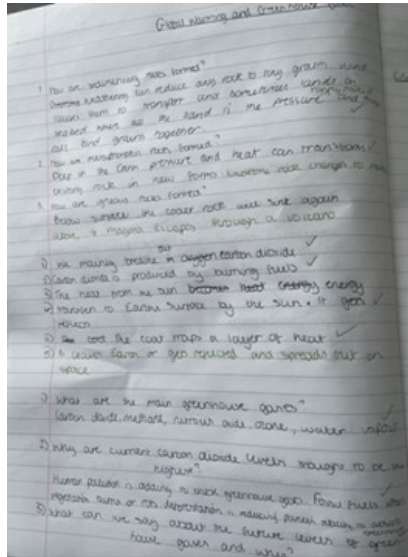


Secondary Phase: Year 8 Science

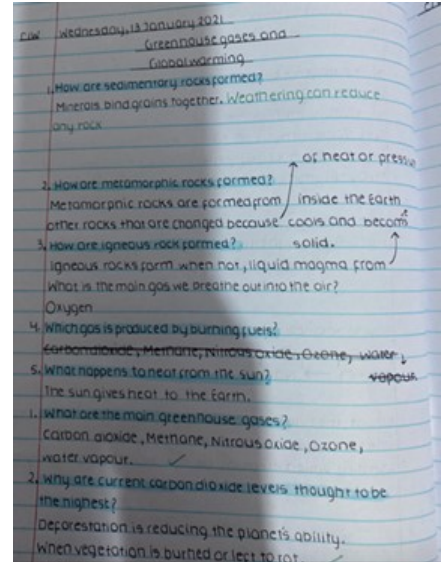
In Science, Year 8 have been studying the Rock Cycle and global warming. Please see below the must watch series 'A Perfect Planet' – which directly links to this topic. Mrs N Chadha



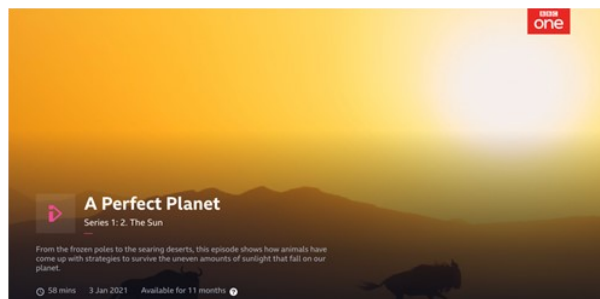
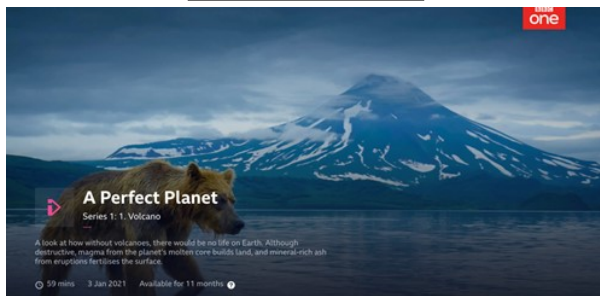
Arjan – 8L



Riddhi – 8T

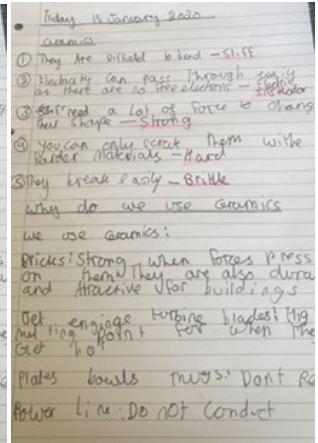
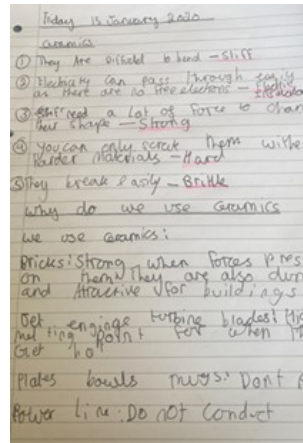
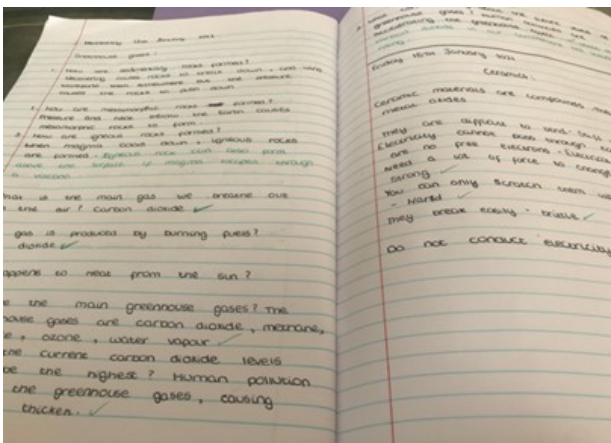


Thirteen – 8H



Bavneet – 8CM

Zahraa – 8CN





Secondary Phase: Year 9 Art, Craft & Design

Year 9 Art, Craft & Design

As part of their social issues project Year 9 spent a few weeks working to create coil pots out of clay. These examples have had time to dry and are ready to be fired in the kiln at 1200 degrees Celsius. Pupils added a variety of different shapes, patterns and even words to link back to the social issue they had chosen to explore. They learned how to work with clay, how to use slip (watered down clay) to stick pieces together like glue and how to use specialist tools. Working with clay is a fantastic way to develop dexterity, hand eye coordination, thinking in 3d, creativity, problem solving and working with a malleable material, all of which are great life skills that can be transferred across subjects and careers.

Ms Khalsa

Clay coil pots



Gurleen 9CM



Sarup 9H



Gurkirat 9CM



Pupil of the Week Certificates : 08.01.21

Congratulations to all the pupils who were awarded merit certificates for Pupil of the Week:

R Compassion:	Avneet Ubhi	R Truth:	Neilpartap Brar
R Humility:	Harnadar Chaggar	R Contentment:	Caius D'Cruz
1 Compassion:	Manveer Aujla	1 Truth:	Anahita Chawla
1 Humility:	Satveer Sandhu	1 Contentment:	Dylan Harji
2 Compassion:	Ashmeet Sethi	2 Truth:	Tia Malhi
2 Humility:	Karan Grewal	2 Contentment:	Diya Malhi
3 Truth:	Bhagdeep Kapur	3 Compassion:	Ishmeet Sandhu
4 Contentment:	Jessica Dokal	4 Humility:	Amar Amole
5 Truth:	Karan Kaler	5 Compassion:	Saakhi Virdee
6 Humility:	Aariyan Manchanayake	6 Contentment:	Aryan Paul
7 Compassion:	Amarleen Bal	7 Truth:	Simren Dogra
7 Humility:	Gurleen Karla	7 Contentment:	Jasneet Kaur
8 Compassion:	Kawneet Chopra	8 Truth :	Navdeep Khurana
8 Humility:	Manpreet Medan	8 Contentment:	Ravneet Dhillon
8 Love:	Hardjodh Dhindsa	9 Compassion:	Avraj Sokhi
9 Truth :	Simran Gill	9 Humility:	Irleen Kapoor
9 Contentment:	Maya Ghatore	Faith: 2 Compassion	Sukhjovan Sangha



Pupil of the Week Certificates : 15.01.21

Congratulations to all the pupils who were awarded merit certificates for Pupil of the Week:

R Compassion:	Musa Rahman	R Truth:	Kaylen Malhi
R Humility:	Giaan Sahota	R Contentment:	Yusuf Sayed
1 Compassion:	Avaani Brar	1 Truth:	Rehmat Sahota
1 Humility:	Harsimran Bhogal	1 Contentment:	Saranjeet Sidhu
2 Compassion:	Anshdeep Singh	2 Truth:	Aaron Basra
2 Humility:	Ayesha Ahmad	2 Contentment:	Hargun Khatri
3 Truth:	Prabhjot Sahota	3 Compassion:	Aaron Pun
4 Contentment:	Daya Notay	4 Humility:	Shiv Khabra
5 Truth:	Ishmeen Bhatia	5 Compassion:	Angelie Manchanayake
6 Humility:	Ruby Gill	6 Contentment:	Ishaan Rakhra
7 Compassion:	Ravleen Buttar	7 Truth:	Judah Hibbert
7 Humility:	Rajan Gill	7 Contentment:	Dylan Nakarja
8 Compassion:	Gurman Dhingra	8 Truth :	Simrita Bhatia
8 Humility:	Nanaki Sondh	8 Contentment:	Kavneet Kapour
8 Love:	Raghav Rana	9 Compassion:	Shyla Pun
9 Truth :	Sampuran Duley	9 Humility:	Minakshi Jain
9 Contentment:	Sukhveer Rawal	Faith: 2 Compassion	Krisen Bhamrah