

MIGHTY MEALS MENU 2026

Great school lunches designed to **help young people grow and thrive** in everything they do!
Seasonal vegetables are provided with all meals or children can opt out for our 'Pick Your Own' salad bar.

Primley Wood Primary School

N3 Week ONE



W/C 01/09/26, 21/09/26, 12/10/26, 02/11/26, 23/11/26,
14/12/26, 04/01/27, 25/01/27

YUM!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Option 1

Margherita Pizza
(V)(H)
Jacket Wedges
Fresh Salad

Vegetarian
Spaghetti
Bolognese (V)(H)

Shredded Quorn
Fillet Shawarma
Wrap
Sunshine Rice
(V)(H)

Vegetarian
Sausage (VE)(H)
Vegan Yorkshire
Pudding
Roast & Mashed
Potato & Gravy

Crispy Quorn
Dippers (VE)(H)
Tomato
Ketchup
Chips

Option 2

Hot Pasta Pot
with Homemade
Tomato, Cheese
and Herb Sauce
(V)(H)

Cheese and
Bean Wrap (V)(H)
Herby Diced
Potatoes

Crispy Topped
Macaroni Cheese
(V)(H)

Vegetarian
Meatballs in
Homemade
Tomato and Herb
Sauce (V) (H)

Southern Style
Vegetarian
Burger Sweet
Chilli Wrap
(VE)(H)
Chips

**Spud
Station
&
Deli**

Cheese Savoury
Wrap (V)(H)
Jacket Wedges
Fresh Salad

Jacket Potato
with
Baked Beans
(VE)(H)

Cheddar Cheese
Bap (H)
Herby Diced
Potatoes

Soft Filled Roll
with Vegetarian
Sausage (VE)(H)
Roast Potatoes

Cheese and
Red Onion
Panini (V)(H)
Chips

Desserts

Fresh Fruit & Yoghurt
available daily.

Ice Cream with
Toffee Sauce &
Peaches

Vegan Pineapple
Sponge with
Creamy Custard

Cherry &
Coconut
Flapjack Bite
with Fresh Fruit

Fun Fruit
Thursday

Cheesecake
topped with
Mandarin
Oranges

**In addition to hot
meals your child
can choose:**

Deli



Filled fresh Soft
Bap or Tortilla
Wrap with side.

**Spud
Station**



Oven baked Jacket
Potato with side.



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N3 Week TWO

W/C 07/09/26, 28/09/26, 19/10/26, 09/11/26, 30/11/26,
11/01/27, 01/02/27



YUM!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Option 1

Margherita
Tortilla Pizza
(V)(H)
Homemade
Jacket Wedges

Savoury Mince &
Vegetable Puff
Pastry Pie (V)(H)
Mashed Potato

Vegetable Tikka
Masala (V)(H)
Rice and Naan

Vegetarian Grill
(VE)(H)
Vegan Yorkshire
Pudding
Roast Potatoes
Gravy

Crispy Vegetarian
Dippers (V)(H)
Tomato Ketchup
Chips

Option 2

Homemade
Vegetable Curry
(V)(H)
Rice

Vegetarian Sausage
(VE)(H)
Mashed Potato

Greek Style
Veggie balls with
Flatbread, Salad
Yoghurt and Mint
Sauce
Rice

Mediterranean
Pasta Bake (V)(H)

Vegetarian All
Day Breakfast
Vegetarian
Sausage,
Baked Beans,
Tomato & Hash
Brown(V)(H)

**Spud
Station
&
Deli**

Hot Pasta Pot
with Homemade
Tomato and
Basil Sauce
(V)(H)

Cheese &
Tomato Panini
(H)
Baby Baked
Potatoes

Cheese Savoury
Wrap (V)(H)
Rice Salad

Soft Filled Roll
with Vegetarian
Sausage (VE)(H)
Roast Potatoes

Jacket Potato
with
Baked Beans
(VE)(H)

Desserts

Fresh Fruit & Yoghurt
available daily.

Vegan
Chocolate
Sponge with
Chocolate
Sauce

Apple Flapjack
Bite with Fresh
Fruit Wedges

Fun Fruit
Wednesday

Cheddar Cheese
with Crackers &
Grapes

Shortbread
Cookie with
Fresh Fruit
Wedges

**In addition to hot
meals your child
can choose:**

Deli



Filled fresh Soft
Bap or Tortilla
Wrap with side.

**Spud
Station**



Oven baked Jacket
Potato with side.



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N3 Week THREE

W/C 14/09/26, 05/10/26, 16/11/26, 07/12/26,
18/01/27, 08/02/27



YUM!

In addition to hot meals your child can choose:



Filled fresh Soft Bap or Tortilla Wrap with side.



Oven baked Jacket Potato with side.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Option 1

Margherita Flatbread Pizza (V)(H)
Homemade Jacket Wedges

Vegetarian Keema Curry with Rice (VE)(H)

Spanish Style Rice (V)(H)

Veggie balls in Gravy (V)(H)
Vegan Yorkshire Pudding
Mashed Potatoes
Roast Potatoes

Cowboy Pie
Vegetarian sausage with BBQ Baked beans, topped with Sauté Potatoes(V)(H)

Option 2

Vegetarian Pasta Bake (V)(H)
Crusty Bread

Super Five Pasta Bake (V)(H) with Homemade Garlic Bread

Vegan Sausage Roll (VE)(H)
Diced Potatoes

Hot Pasta Pot with Homemade Tomato, Cheese and Herb Sauce (V)(H)

Sticky Quorn Wrap (VE)(H)
Sauté Potatoes

Spud Station & Deli

Jacket Potato with Cheddar Cheese (V)(H)

Cheese and Sweetcorn Pasta Pot (H)

Three Cheese Panini (V)(H)
Diced Potatoes

Soft Filled Roll with Vegetarian Sausage (VE)(H)
Roast Potatoes

Jacket Potato with Baked Beans (VE)(H)

Desserts

Fresh Fruit & Yoghurt
available daily.

Frozen Strawberry Yoghurt with Berry Sauce

Vegan Custard Cream Traybake
Fresh Fruit Wedges

Chocolate Crispy Slice with Fresh Fruit

Jelly with Fresh Fruit Salad

Ginger Cookie
Fresh Fruit Wedges