



WEEK ONE MENU

	Option 1	Option 2	Available daily	Side	Desserts	
Monday	Lasagne with Herby Potatoes and Garlic Bread	Jacket Potato with Beans and Cheese	Jacket potato, Cheese and Beans, Cheese Sandwiches and Baps.	Salad Bar	Ice Cream	Yoghurt or Mixed Fruit
Tuesday	Yellow Lentil Dhal Served with Vegetable Rice	Vegetable Burgers in a Bun with/without Cheese and Wedges		Salad Bar	Chocolate Cake Custard	Yoghurt or Mixed Fruit
Wednesday	Veggie Sausages, Mash, Carrot and Gravy	Pasta with tomato sauce with mixed vegetables		Salad Bar	Carrot Cake	Yoghurt or Mixed Fruit
Thursday	Cheesy Paratha (flatbread) Rolls with Plain Yogurt	Veggie Fingers, Potato Waffles, Beans and Veg		Salad Bar	Cheesecake	Yoghurt or Mixed Fruit
Friday	Cheese or Vegetable Pizza, Chips and Beans			Salad Bar	Strawberry Jelly	Yoghurt or Mixed Fruit

All meals are vegetarian with no fish or egg. **Salad Bar includes:** - Lettuce, Cucumber, Tomatoes, Sweet Corn, Carrot, Coleslaw and Spicy Tikka.





WEEK TWO MENU

	Option 1	Option 2	Available daily	Side	Desserts	
Monday	Spaghetti Bolognaise with Meat-Free balls, Peas and Garlic bread	Kidney Beans Curry and Vegetable Rice	Jacket potato, Cheese and Beans, Cheese Sandwiches and Baps.	Salad Bar	Ice cream	Yoghurt or Mixed Fruit
Tuesday	Nuggets, Chips, Broccoli and Beans	Brown Lentil Dhal and Naan		Salad Bar	Cheesecake	Yoghurt or Mixed Fruit
Wednesday	Sausage Roll, Sweetcorn and Cheesy Mash	Cheesy Pasta Bake served with Cauliflower and Broccoli		Salad Bar	Flapjacks Served with Custard	Yoghurt or Mixed Fruit
Thursday	Matter Paneer (Cottage Cheese and Peas) with Vegetable Rice	Fishless Fingers, Mash, Beans, Carrots and Peas		Salad Bar	Carrot Cake	Yoghurt or Mixed Fruit
Friday	Cheese or Vegetable Pizza, Wedges and Beans			Salad Bar	Marble Cake	Yoghurt or Mixed Fruit

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WEEK THREE MENU

	Option 1	Option 2	Available daily	Side	Desserts	
Monday	Cheesy Pasta with Sweetcorn and Garlic Bread	Cheese and Potato Pie, Carrots and Beans	Jacket potato, Cheese and Beans, Cheese Sandwiches and Baps.	Salad Bar	Iced Sponge Cake	Yoghurt or Mixed Fruit
Tuesday	Meat-Free Hotdog with fried onions and Salsa Sauce, wedges and Beans	Chickpeas Curry, Plain Yogurt and Naan Bread		Salad Bar	Fruit Jelly	Yoghurt or Mixed Fruit
Wednesday	Cheese and Onion Roll, Sweetcorn, Diced Herby potatoes and Gravy	Burrito with Vegetable Rice and Nachos		Salad Bar	Chocolate Cake with Custard	Yoghurt or Mixed Fruit
Thursday	Meat-Free Burger in a Bun with/without Cheese, Sweet Potatoes Fries and Beans	Matter Paneer with Vegetable Rice		Salad Bar	Cheesecake	Yoghurt or Mixed Fruit
Friday	Cheese or Vegetable Pizza, Chips Beans and Chips			Salad Bar	Carrot Cake with Custard	Yoghurt or Mixed Fruit

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