

nishkamprimaryschool birmingham



July Newsletter 2020

Message from the Senior Leadership Team

Dear all,

We can't quite believe that we have come to the end of this academic year - and what a year it has been! We are so proud of all our children and cannot thank our families enough for the support and kind words they have shown us over these past few months. Likewise, we give thanks to all our staff who have taken this unexpected change in their stride and worked tirelessly under these new conditions. It has been a new and difficult time for everyone, and as always, our Nishkam Family have pulled together and pushed through with compassion and commitment. For this, we are truly grateful.

We are very sad to be saying goodbye to our Year 6's this year, especially under these circumstances, but are looking forward to seeing them all for their leavers assemblies. They have been a pleasure to have at NPSB and are true role models for the virtues we teach. We hope they continue into their secondary education with enthusiasm, optimism and diligence and wish them all the success for the future.

We hope you all have a wonderful summer holiday and are looking forward to us all coming back together. School arrangements may be different come September, but our staff and our smiles will still be as familiar and welcoming as always.





Mrs Kaur – Interim Headteacher



Miss Prior – Interim Deputy Headteacher

Whole School Virtue - Optimism

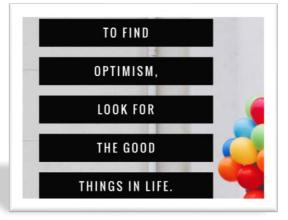
Take the time to reflect on what optimism means to you...

"A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty."

SIR WINSTON S. CHURCHILL



Optimism refuses to believe that the road ends Without options.



What our Nishkam Passport says...

Optimism is a positive, cheerful outlook. When we are optimistic, we are hopeful even when others have lost faith. We believe good has the power to prevail. We do not allow ourselves to be dragged down by setbacks or losses. It comes from having a positive attitude. We embrace challenges with confidence and vitality. We are problem solvers, not complainers. We trust that everything works together for good. Nothing can destroy our hope.

Signs of Success

I have a positive viewpoint.
I have faith in all circumstances.
I trust in positive outcomes.
I focus on solutions rather than problems.
I see a brighter future.
I do things wholeheartedly.
I smile, laugh and enjoy what I do.
My hope is resilient.

I am thankful for the gift of Optimism. It makes life simply wonderful.

As a whole school. we have been focusing on the virtue of optimism. It has been a pleasure to see how all our children have been optimistic during lockdown and are looking hopeful to the future. May we all too share this optimism and positive viewpoint, and continue to look at the positivity in our lives

Transition

This week, you would have received an email from the school informing you of who your child's next class teacher is. If you missed this, please check through your emails as it contains a welcome letter from the year group team to your child.

Old Class	New Class	Class Teacher		PE Day	Entrance Door (Times will be staggered. Information to follow)
New Reception	Truth 1	Mrs Brown		Friday	Blue door in courtyard
	Truth 2	Mrs Dale (Miss Bath)		Friday	Yellow door in courtyard
Truth 1	Service 1	Mrs Kumari		Monday	The entrance by door number 7 Soho road
Truth 2	Service 2	Mrs Edwards		Tuesday	The entrance by door number 5 Soho road
Service 1	Humility 1	Mrs Islam		Monday	Door number 7 Soho road
Service 2	Humility 2	Miss Nahid		Tuesday	Door number 5 Soho road
Humility 1	Compassion 1	Mrs D Kaur		Wednesday	Door number 3 Soho road
Humility 2	Compassion 2	Miss Shaheen		Thursday	
Compassion 1	Forgiveness 1	Mr Singh (Maternity Cover for Mrs Kang)		Wednesday	Door number 9 Soho Road
Compassion 2	Forgiveness 2	Mrs Sagoo		Thursday	Door number 11 Soho Road
Forgiveness 1	Contentment 1	Mrs Sandhu-White		Wednesday	Red door in courtyard
Forgiveness 2	Contentment 2	Mrs Chopra		Thursday	Green door in courtyard
Contentment 1	Optimism 1	Mr Higgins	Mrs Owen	Monday	Main office area
Contentment 2	Optimism 2	Miss Saggu		Tuesday	

Milk & PE

Milk Payment

Milk Payment is requested in advance for the whole year. If you wish for your child to have milk, please make a payment of £38 on ParentPay before 1st September 2020.

Any refunds due this year have been credited to your milk money and some of you may only have £31 to pay.

Those parents in receipt of Free School Meal funding and pupils under 5 will receive free milk.

<u>PE</u>

Next term all pupils will have one PE session per week. On this day, pupils will be asked to come into school wearing their full PE kit. This will then go home to be washed for the next week.

PE will start week 2.

Please be mindful that pupils must be in correct PE kit. No leggings or branded items are allowed.

Shoes should be PE pumps. Pupils in Year 6 may wear plain black trainers.

Wellbeing Over Summer

The summer holidays are here and the break is a great time to think about well being for the whole family. Follow our top five tips and let us know how you'll be relaxing this summer.

Create a family bucket list – this could be a great way to start your holidays, give you focus for the break and also allow you to discuss your interests as a family. Brainstorm together and agree on your top priorities, don't over commit yourself so choose between 5 & 10 items for your list. If it goes well you could always create a new bucket list for the following year. Make sure the list is visible so that it can be something you come back to and discuss throughout the summer.





Consider practising mindfulness – this is a scientifically-proven meditation technique that can help to combat stress. A simple minute of mindful breathing is a good way to start. There are some great free apps and websites that can help get you started and provide some guidance for beginners.

Get Active – Look for ways to stay active individually and as a family. If your children have interests in active hobbies do your best to keep encouraging these over the break from school. Take time for your own active pursuits so that you're a positive role model. Look for ways to get active as a family, a walk, trips to the park or even just spending time in the garden.





Communicate – Share worries and seek out support from friends and family. Talk to one another and importantly listen to each other too. Try to share successes and celebrate when good things happen as well as talking through difficult situations. The summer break can be the perfect time to work on ensuring that home is an environment where discussion is encouraged.

Switch off – Whether it's keeping up to date with current affairs, browsing social media, watching a favourite programme or checking work emails mobile phones, tablets and the TV are a huge part of everyday life. However, switching off and undertaking a family 'digital detox' can be a great way to take time out and focus on quality family time. Try replacing time normally spent watching TV or checking social media with active time and get your kids to do the same. Aim to turn off all screens for an hour before bed to help you unwind and prepare for sleep and consider removing devices from the bedrooms entirely. With this one its really important that parents lead by example so try, where possible, to avoid checking emails etc during your family times.



Nishkam Trust Virtual Concert
We hope you enjoyed our very first Trust Virtual Concert.

If you missed it, please re-watch it here:

https://www.nishkamschooltrust.org/page/?title=Nishkam+Virtual+Concert&pid=1812

We are so proud of all the children who entered. It was such a hard job choosing the entries to be included in the final show, but wanted all our children to know how blown away we were by your courage, creativity and talent. We hope this collaborative concert continues next academic year!





Summer Artist of the Year

It was great to see the virtue of Creativity used so widely at home. We had a fantastic mixture of entries from paintings to sculpture. It was really moving to see the effort and thought that children had put into their work around the virtue of Optimism. We had work inspired by the sky, music, TV interviews and keyworkers. See our winners from each year group below.







In Reception we have Parneet in first place, Nimrath in second place and Amarpreet in third place.







In Year 1 we have Arjun Mavi in first place, who painted the lovely blue sky because it makes him happy like a sunny day. Gopal in second place and Bhavnoor in third place.







In Year 2 we have Harjot Saggu in first place, who was inspired by an interview he saw on the news and created artwork inspire by the "Black Lives Matter" movement. Sidharth in second place and Hargun in third place.

In Year 3 we have Japji in first place, who created a beautiful painting that including a fantastic quote. Teghbir in second place and Sahib Jassi in third place.







In Year 4 we have Shaan Kaur in first place, who made this fantastic collage. Manjot in second place, who created a very interesting installation at home (we hope we can recreate this at school), and Daya who came in third place with her painting of Ed Sheeran.







In Year 5 we have Dharma in first place, Harshaan in second place and Sukhmani Sondh in third place.



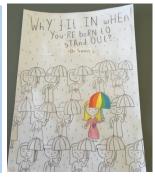




In Year 6 we have Galvin in first place, Jasnoor in second place and Amreen in third place.







From Garden to Kitchen...



Our vision

We want our children to learn all about where their food comes from, to learn about healthy eating and to get fit and healthy whilst tending to our garden. We have transformed an unused corner of our playground into a beautiful educational space for our children and their families to use all year round. Children have been thrilled to see it come alive and can not wait to be outside and connect with nature. Exciting plans are in place and we are even hoping to apply for some awards for healthy eating.



From Garden to Kitchen...



Key Worker Children- curious minds, curious mouths!

Just as we were about to kick start the garden we received the unfortunate news that we would have to close the school for lockdown. However the timing of the garden could not have been more perfect. The garden has been a great opportunity for us to get outdoors and build our skills. We have been learning all about keeping a garden and are fascinated by the process of how things grow and even more excited about being able to taste what we harvest. Come rain or shine you will find us outdoors! Our imagination has been captured while plotting the garden by listening to birds, building bug hotels and identifying butterflies.





Early morning surprise delivery for Bubbly Auntie.















Curious minds!
Curious mouths!

Can you help?



As you can see our children are thoroughly enjoying growing and learning about plants. To help enrich our curriculum and the children's interests, we would like to improve and expand our gardening facilities. This is where we need you!

Do you own a business, or know someone who does, who could donate large planters, gardening tools and equipment?

Are you DIY savvy and can offer to make planters for our garden?

If you or anyone you know can help, please email the school on Enquiries.NPSB@nishkamschools.org to arrange with us.











During the holidays, we would like **all children** (and staff) to take a photograph of themselves reading in a strange, unusual, famous, exotic or favourite place so that we can create a display that celebrates our shared love of reading.

Children should upload their photo to the portfolio tab on Class Dojo no later than **Monday 31**st **August**.

We can't wait to see where you 'GET CAUGHT READING!'





At Nishkam, we embed high expectations throughout the school in everything we do. Out virtues led guiding principles refer to excellence. Letter-join will help all children ensure that they accurately and consistently write using the cursive handwriting style.

What is Letter-Join?

Letter-join is a handwriting scheme that has an engaging and systematic approach to teaching handwriting. There are number of features for teachers planning and resources for parents access at home to practise the skill of cursive handwriting. Watch this short clip to obtain an overview. https://www.letterjoin.co.uk/#ljintro





Home Login

On the next page are details about how to set up access at home. Letter-join can be used on a range of devices and once the children familiarise themselves with the software, they can set to work straight away practicing their cursive style. This short clip explains what you need to know. https://www.letterjoin.co.uk/#ljintro

Get ready for September!

To ensure your child is successful in a consistent producing cursive handwriting style, we have set a challenge. Please support your child to access Letter-join daily and spend approximately 15 minutes a day practising their handwriting. They will move from pattern making, letter formation to simple sentence work. Little and often will ensure the skills are embedded for the long term. The interactivity and ease of use once familiar will mean that children will be able to work independently.

Class	Summer Task				
New and Current Reception	To be a cursive handwriting superstar: 5 minutes - patterns - 5 minutes - easy letters - 5 minutes – phonics tab				
Current Year 1 and 2	To be a cursive handwriting superstar: 5 minutes - patterns - 5 minutes - easy letters and words - 5 minutes - harder letters and words Write one sentence and enjoy using your cursive writing style.				
Current Year 3 and 4	To be a cursive handwriting superstar: 5 minutes - patterns - 5 minutes - easy letters and words - 5 minutes - harder letters and words Write five simple sentences and enjoy using your cursive writing style.				
Current Year 5	To be a cursive handwriting superstar: 5 minutes - easy letters and words - 5 minutes - harder letters and words Write one paragraph in handwriting pen and enjoy using your cursive writing style.				

Letter Join

Letter-join∕ Home log-in

Dear Parents.

Our school is now part of the Letter-join handwriting scheme and our pupils can log in to the Letter-join website on iPads and tablets as well as desktop and laptop computers at home. There you will find the same, easy-to-use handwriting resources that we use at school.



PC DESKTOP AND LAPTOP LOG-IN

Log in at www.letterjoin.co.uk and use the Desktop log-in option with these details:

User name: jk8823

Password: home

PC Browsers:

Letter-join will work on the following browsers on PCs/Macs:

- · Google Chrome
- Firefox
- Safari

Do not use Internet Explorer.

IPAD AND TABLET LOG-IN

Go to www.letter-join.co.uk and use the Tablet log-in option with these details:

User name: jk8823

Swipe code (starting at top left):



Tablet/iPad Browsers:

Letter-join will run on the following tablets:

- iPads running iOS7 and above through the Safari browser.
- Windows 8 tablets (8 inch and bigger) using the built-in browser.
- Android tablets (8 inch and bigger) using Google Chrome, Firefox or Opera.

Choose a Classroom



Once logged-in, choose your child's classroom and you can use Letter-join's resources and fun activities to reinforce the handwriting we teach at school. You can trace over the letters and words and play the games on your tablet.

We are limited to the number of users who can log in to this account, so please do not share these log-in details.





Don't forget to get logged on and practising your times tables over the holidays. Get earning those points and answering in the quickest time possible to see if you can be our next 'Rock Star'.

As of next academic year, every class will have their very own TT Rock Star status board. To be in with a chance, focus on improving the time taken to answer each question. The status board starts at under 10 seconds -'Wannabe' - and decreases a second with each status. To reach the ultimate 'Rock Hero', you will need to answer each question in under 1 second! Who's up for the challenge? We know you can do it!

Practise makes perfect, so why not use the holidays to kick start your *Times Tables* Rock Star career!



As this academic year draws to an end, our teachers would like to reflect on the year we've had and to say their goodbyes. It certainly has been a strange year for all and we are sad we cannot say all our goodbyes in person, in school. However, we hope you enjoy looking through all the wonderful memories we've shared as a school this year and take time to read the special messages from all our staff. Read on and enjoy...



Truth

Reception, it has been so wonderful to work with you this year, despite what a strange year it has been. I have seen you all on your journey from nursery into school. I have watched you grow in confidence, humour and intellect. Normally this time of year brings me sadness, as I have to watch you leave and move to the next year. However, this year I am excited to be joining you in the move to Year 1. I can't wait to work with you all again. I hope you have a fantastic summer and we will all be together again soon. Love Miss Edwards xx



Truth it has been an absolute pleasure being a part of your first year in primary school. I can't explain how much I have loved my time with you all and how much I've also missed it. Each and every one of you have this little light that is shining brighter and brighter. I couldn't be more proud of you if I tried. I know this year has been a little tricky, but I know you will all succeed in the upcoming years at Nishkam Primary School. Unfortunately, you won't be seeing me around as I am leaving, but I wish you all the best and I know you will all do amazingly! Take care and remember 'Man Neeva Mat Uchi'. Lots of love, Mrs A Kaur xx



Truth 1, I have really enjoyed Teaching you this year - we have had such a lovely time. I will miss you all very much and I have loved every moment I have spent with you. All of you have been amazing and I hope that when you go to Year 1 you will have a great year! I'm so proud of you and wish you all the best for the upcoming years of your time at Nishkam Primary School. Lots of love Mrs Mankoo xx





What a journey you have all been on this year! I am so proud of each of you for the amazing effort and enthusiasm you put into your learning. It has been such a pleasure to learn and play with you all. This year has been very different and I have missed seeing you all over the last few months. You have shown such positivity and optimism to carry on your learning at home. I hope you all have a lovely summer break, and read lots of books! I am very excited to see you all again in September. Love Mrs Brown xxx

Memories from Reception



Service



Service 1, it has been a pleasure to be your teacher this year and I cannot believe we have reached the end of our wonderful learning journey together! I have absolutely loved teaching you all and you have all made me very proud. Although we have had a rather strange year this year, you have all continued your learning at home with a positive and optimistic approach. I have really missed seeing all your smiling faces over the past few months. I cannot wait to see you all again in September! I hope you all have a fantastic summer! Take care, love,

I have absolutely loved working with you all and I was astonished to see how resilient and hardworking you were. It was my privilege to watch you all grow and become independent in every area of your learning. Even though we couldn't complete this year's journey together, I was proud to see your commitment and hard work with your daily home learning. We have laughed, learned and enriched our lives together this year and I am going to miss you all. I look forward to seeing you all in your new class. Stay safe and happy. Lots of love





Dear Year 1 children, I have had such a lovely time seeing you grow with confidence. I am very proud of each and every one of you. I hope you will continue with the great work in Year 2. During the holidays, keep safe and happy - remember to read lots and to practise your phonics! See you soon.

Mrs Marwaha

Memories from Year 1









































Humility













































Compassion

As the school year draws to an end, we would just like to take this opportunity to say what a pleasure it has been teaching every single one of you during this challenging year.

We have watched you all on this journey: working, learning and growing into confident pupils.

Although we have missed seeing you over the last few months, you have shown such positivity and diligence by continuing with your learning at home. We are so proud of you all!

Though we are sad to bid you farewell and you will be dearly missed, we are also happy for you since there are bright opportunities waiting for you in Year 4. We hope you have a lovely summer and look forward to seeing you all soon. thank you!

Lots of love. Mrs Islam, Miss Shaheen and Miss Ghattaura



Memories from Year 3



















































You are all special children
And we want you to know
Although our year was cut short
We're so proud of how you did grow.

We've loved being your teachers And have missed seeing your smiley faces But the memories we have had this year Will not be erased

We've watched you learn and grow And change from day to day. We hope that all the things we've learnt Will help in some small way.

You have shown so many virtues, Forgiveness, and indeed the rest. Next up is Contentment, I know you'll give it your best.

So it is with happy memories that
We send you out the door
With great hope and expectations
For what the next year holds in store.

Lots of love from, Mrs Kang, Mrs Binning and Mrs Sagoo.

















Memories in Forgiveness



Contentment

So we have come to the end of Year 5 and what a year it has been! We have had fun, excitement, adapted, accepted and overcome so many obstacles. Wow! We can't believe that it is time to say goodbye.

What can we say; you have been amazing, and we appreciate each and every one of you.

You're moving on now to your final year of your primary journey and there is so much to look forward to!

Before you go, let's look back at all the fun, laughter and learning we've had during our wonderful Year 5 journey.













March - Central Mosque, Birmingham



Dear Year 6 - The classes of 2019-2020,

What a strange year it has been! We sailed through the Autumn term; it was full steam ahead! We diligently set about practising and revising all of the skills we would need to be ready to take on the end of year SATs tests. And my goodness, you really went for it! The focus and concentration that we saw from you all, the determined way you came into school and strived for excellence every day, it was a joy to behold. We could not have been prouder of you.

Your hard work and magnificent attitude to learning continued through the Spring term – you were primed, you were ready, you were all set to take on the SATs and we were all so optimistic and positive that you would secure the results that you had all worked so hard for – the results that you deserved.

Then, Covid-19 decided to make an appearance. Our school was forced to close and we were all sent into lockdown. SATS were cancelled and whilst children in other schools may have greeted this news with a sigh of relief, we all responded with disappointment because we all know you would have done so well.

Did you dwell on the news that a significant educational milestone had been snatched away from you? Did you mope and moan about the unfairness of it all? Not in the slightest! Overnight, you redirected all of your efforts and attention to learning from home. You embraced online home-learning like it was a new challenge and you did it brilliantly! SATs were no longer our shared goal, but getting ready for Year 7 was.

We have been blown away by how well you have all adapted and coped with this very challenging set of circumstances. You have shown resilience, determination and optimism in abundance. We know that you are going to carry this mindset with you for the rest of life and you will draw upon this experience for when you are faced with challenges in the future. You are not just dedicated learners – you are enthusiastic learners who strive for excellence no matter what obstacles and hurdles are in your way.

Thank you, Year 6! Your teachers have so enjoyed teaching you and we have been so inspired and uplifted by your unshakeable positivity.

It is with great sadness that we say goodbye to you all, but our hearts are also bursting with immense pride and happiness that you are moving on to the next step of your learning journey. You maybe leaving us for pastures new, but please never forget that you will always be part of our Nishkam Family and we are here for you whenever you need us.

Good luck, Year 6. You have been truly magnificent!

With all our best wishes,

Mr Higgins, Mrs Sandhu-White, Mrs Samra and Ms Owen.

OPTIMISM 1

THE CLASS OF 2019-2020



JUVRAJ



SIENNA



AVNEET



SANTOKH



ARJUN



GALVIN



JUJHAR



RADHIKA



ISAAC



SARBJOT



NISHA



JASVEER



ARASHDEEP



AVNEET



DEVAN



AMARJOT



AARON



SANTA



KULMEET



NAMANDEEP



BANDHAN



MAHA



ANIKA



SIMRAN



ARNAV



RUKIRAN



KARAMDIP



TARANJOT



SIMAR



VEER-SINGH

Dear Optimism 1,

Thank you for working so hard this year, for showing such excellent attitudes to your learning and for making our classroom such a happy and fun place to be. We hope you have all enjoyed this year as much as Mrs Samra and I have! Being in Year 6 carries a great responsibility and you have demonstrated our core virtues and fulfilled your roles as ambassadors for the rest of the school impeccably. You've treated each other with kindness and compassion; you have been courteous and respectful; and you have set about your learning with diligence and determination – you have been wonderful role models! We will miss you dearly but all of your teachers and fellow students are wishing well and all the best for the future as you embark on the next exciting step of your learning journey.

Your incredibly proud teachers, Mr Higgins and Mrs Samra

OPTIMISM 2

THE CLASS OF 2019-2020



HARMAN



SIMRAN



AMARPREET



DEEP



RYAN



AMAN



PRABHKI



SHAAN



AKAAL



GURKIRAN



ISHVEER



PRABHJOT



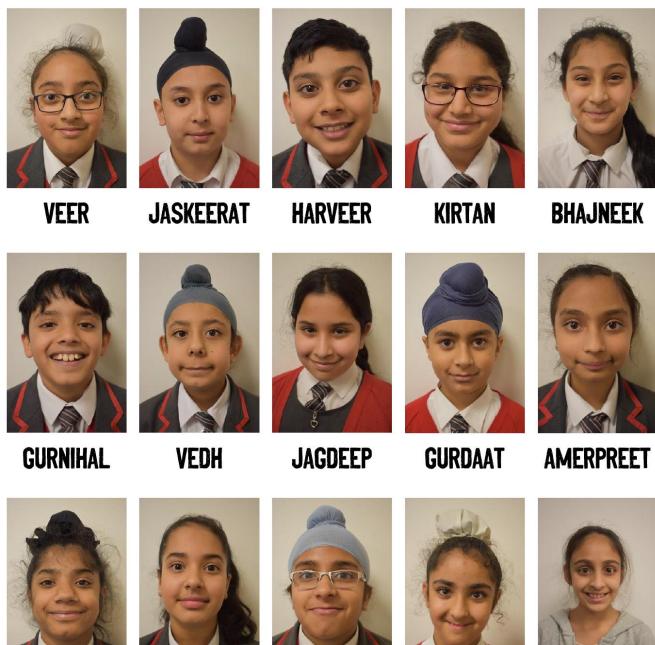
JASWANT



JASNOOR



RIHANNA





JAGMOHAN



AMREEN



RATAN



JAI



GURSUKH

Dear Optimism 2,

Although it was short, it has been an absolute pleasure and joy to watch you all grow. We have shared many memories, many giggles and many memorable moments – including "IT Ishveer", Akaal and his football facts and our many class debates. We hope you embark on the next part of your journey with optimism, faith and excellence and continue to use kindness and find contentment in all that you do. We look forward to do the day you visit us to tell us all what you've been up to – remember we are always here, your Nishkam Family. For now it's not goodbye, it's see you later.

Have a safe and peaceful summer break.

Love Mrs Sandhu-White and Miss Owen, xx