

WEEK 1	OPTION 1	OPTION 2	Available Daily	Dessert	Available Daily
MONDAY	Yellow Dhal Basmati Rice	Tomato & Herb Pasta Broccoli Garlic Bread	Salad Bar	Shortbread	Fresh Fruit Melody
TUESDAY	Vegetable Curry Basmati Rice	Jacket Potato - Cheese - Beans - Chilli	Salad Bar	Mousse	Fresh Fruit Melody
WEDNESDAY	Aloo Jera Roti Yoghurt Mint	Hotdogs Beans Waffles	Salad Bar	Choc Chip Cookie	Fresh Fruit Melody
THURSDAY	Paneer & Pea Curry Basmati Rice	Vegetable Pie Broccoli Potato Slices	Salad Bar	Jelly	Fresh Fruit Melody
FRIDAY	Vegetable Nuggets Beans Chips	Sandwich Grab Bag Spread Cheese or Jam Sandwich -Fruit - Crisps - Yogurt	Salad Bar	Ice Cream	Fresh Fruit Melody

WEEK 2	OPTION 1	OPTION 2	Available Daily	Dessert	Available Daily
MONDAY	Brown Dhal Basmati Rice	Vegetable Spaghetti Bolognese Garlic Bread	Salad Bar	Shortbread	Fresh Fruit Melody
TUESDAY	Sabgi Roti Yogurt Mint	Lentil Cottage Pie Carrots Broccoli	Salad Bar	Mousse	Fresh Fruit Melody
WEDNESDAY	Quorn Tikka Wrap Wedges	Veggie Fingers Beans Waffles	Salad Bar	Choc Chip Cookie	Fresh Fruit Melody
THURSDAY	Chickpea Curry Rice	Quorn Lasagne Garlic Bread	Salad Bar	Jelly	Fresh Fruit Melody
FRIDAY	Cheese Pizza Beans Chips	Sandwich Grab Bag Spread Cheese or Jam Sandwich -Fruit -Crisps -Yogurt	Salad Bar	Ice Cream	Fresh Fruit Melody

Salad Bar

Cucumbers WK 1 & 2

Tomatoes WK 1 & 2

Spring Onions WK 1

Homemade Coleslaw WK 1

Potato Salad WK 2

Cerely WK 2

Beetroot WK 1

Sweetcorn (Steamed) WK1 & WK2

Peppers WK 1 & WK 2

Olives WK 2

Spicy Sweetcorn WK 2

Cous Cous WK 1

Carrots WK1 & WK 2

Fruit Bar

Orange WK1

Melon Honey W2

Apple W1

Pears W2

Kiwi W1

Bananas W1 & W2

Lemons W2

Grapes W1 & W2

Peaches (tinned washed) W1

Water Melon (when in season) W2

Strawberries (when in season) W2

Blueberries (when in season) W1

Raspberries (when in season) W2