



NST Faith Calendar 2022-2023

RHE, PHSE and SMSC links have been added to further support schools to deliver the content for these particular areas of the curriculum. This will support teachers in making the links to faith and virtues with other parts of the curriculum.

Week Commencing	Calendar Events (Actual day)	Information about the event and link to resources	Virtues/vices and Signs of Success	Link with R.E. Virtues and vices (inner hurdles)	Links with RHE (Relationships, Health Education) Pupils should know link for objectives covered		Links with PHSE (Personal, Health, Social Education) L – Living in the Wider World R – Relationships H – Health and Wellbeing Link for objectives covered		Links with SMSC (Spiritual, Moral, Social and Cultural)	Potential tweets for twitter and facebook
					Red Passport (EYFS, Years 1-2)	Yellow Passport (Years 3-13)	Primary	Secondary		
31st August	Welcome to the new year; introduction to the Nishkam Passport; virtues and vices.	Welcome all pupils back into school by sharing the expectations for the year and a reminder about being a faith based, virtues-led school and what that means. Remind pupils about the Nishkam Passport which contains the virtues and the vices which will be explored further throughout the course of the year. In addition, discuss the importance of the golden threads. <ol style="list-style-type: none"> Love/forgiveness vs hate/enmity Peace/forgiveness vs war/conflict Trust in God 	Patience <i>I set goals and stick with them until they are completed.</i> Dishonesty	Enthusiasm and Diligence Enthusiasm means 'God within'. With the sense of God within us, we begin to feel optimistic with whatever the day brings is. Blame	Relationships Education can be underpinned by a wider, deliberate cultivation and practice of resilience and character in the individual. These should include character traits such as belief in achieving goals and persevering with tasks, as well as personal attributes such as honesty, integrity, courage and humility.		H24: problem-solving strategies for dealing with emotions, challenges and change, including the transition to new schools	H1. How we are all unique; that recognising and demonstrating personal strengths build self-confidence, self-esteem and good health and wellbeing.	M3 S1	
5th September	The importance of being safe and happy.	All pupils should know how to stay safe in the school environment and what they should do if they are not happy. This forms a part of the safeguarding and wellbeing agenda at the start of the academic year.	Peacefulness <i>I use peaceful language even when I am angry.</i> Rage	Accountability We have the ability as humans to make the right choices. These choices of right and wrong can be guided by our trust in God. Hate, rage, blame	Healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.	Practical steps they can take in a range of different contexts to improve or support respectful relationships	R20. strategies to respond to hurtful behaviour experienced or witnessed, offline and online (including teasing, name-calling, bullying, trolling, harassment or the deliberate excluding of others); how to report concerns and get support	H30. how to identify risk and manage personal safety in increasingly independent situations, including online	M1,M3,M4 Sp5 S1	
12th September	International Day of Democracy (15th December)	The International Day of Democracy provides an opportunity to review the state of democracy in the world. Democracy is as much a process as a goal, and only with the full participation of and support by the international community, national governing bodies, civil society and individuals, can the ideal of democracy be made into a reality to be enjoyed by everyone, everywhere.	Courtesy <i>I think about how my actions affect others.</i> Arrogance	Justice Because I see God in all, I stand up for the rights of others and myself to do the right thing. Blame, negative judgement			L2. to recognise there are human rights, that are there to protect everyone L3. about the relationship between rights and responsibilities	R9. To recognise, clarify and if necessary, challenge their own values and understand how their values influence their decisions, goals and behaviours R2. to recognise and challenge prejudice and discrimination and understand rights and responsibilities with regard to inclusion	Sp3 M3, M4, C2	“to see a world in a grain of sand and a heaven in a wildflower, hold infinity in the palm of your hand and eternity in an hour”. W.Blake Nishkam pupils revisited our individual responsibilities towards the UN 17 sustainable development goals for a more equal world.
19th September	United Nations International Day of Peace (21st September)	Each year the International Day of Peace is observed around the world on 21 September. The UN General Assembly has declared this as a day devoted to strengthening the ideals of peace, through observing 24 hours of non-violence and cease-fire. 2022 Theme: End racism. Build peace	Peacefulness <i>I avoid harming anyone.</i>	Peacefulness I trust God to help create peace in my own heart. I know peace begins here and can transform all those around us.	Resorting to violence is never right		L2. to recognise there are human rights, that are there to protect everyone	L29. to recognise the shared responsibility to challenge extreme viewpoints that incite violence or hate and ways to respond to anything	M3, M4 M1,	

				Hate, greed, blame				that causes anxiety or concern.		
26 th September	Grandparents' Day (Sunday 2 nd October)	To help pupils become aware of family love, wisdom and guidance from the older generation can offer. Inviting grandparents to the assembly allows an opportunity to strengthen bonds for pupils. [National Grandparents Day is a holiday celebrated in various countries, with official recognition in some, and occurring on various days of the year,	Courtesy <i>I show others that I value and respect them.</i>	Respect I am guided by my faith traditions to be receptive to the wisdom of elders. Belittling	Families are important for children growing up because they can give love, security and stability.	Families of many forms provide a nurturing environment for children	R2. to identify the people who love and care for them and what they do to help them feel cared for	R1. How to articulate their relationship values and to apply them in different types of relationships.	S1 C1 Sp3	
3 rd October	Hindu celebration of Navatri	People come together during Navratri to celebrate Durga , the mother goddess who carries lots of weapons in her arms. Durga is best known for killing an evil demon in a battle which lasted nine days and nights and that is why the festival lasts for nine days and nights as well! Each day is represented by a different colour which symbolises one of her distinct characteristics or traits. The festival ends with what's known as Dussehra , which is the celebration of good over evil.	Helpfulness <i>I serve without being asked.</i> Arrogance	Wisdom When we seek divine knowledge, enter reflection and open ourselves to inspiration we begin to gain spiritual wisdom.	The importance of self-respect and how this links to their own happiness.	That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others.	Pupils should develop personal attributes including honesty, integrity, courage, humility, kindness, generosity, trustworthiness and a sense of justice		Sp1, Sp2, Sp3, Sp4, Sp5 S1,S2,S4,C3, C4	
10 th October	Diwali/Bandi Chorr Divas (24 th October)	For Hindus this is a New Year festival lasting from one to five days, during which fireworks are set off and lights are hung out. It is a festival of light, coinciding with the darkest night of the lunar month. It is generally associated with Lakshmi, goddess of wealth and prosperity, or with the victorious return of Rama and Sita after their exile. For Sikhs, Guru Hargobind, Singh the sixth Sikh Guru, was released from Gwalior prison on this day.	Peacefulness <i>I give my worries to God and trust God to help.</i>	Reverence Reverence is behaving in a way that you are always in the presence of God. Rage	(Faith celebration)			H25. About personal identity, what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes)	Sp1, Sp2, Sp3, Sp4, Sp5 S1,S2,S4,C3, C4	
Half Term 17th October – 28th October										
31 st October	Golden Thread I Love and Forgiveness vs Enmity/Hate	Look to exemplify the core virtue of Love/forgiveness and which can often be exemplified through example of when the negative trait of hate and enmity is in play.	Forgiveness <i>I show kindness instead of taking revenge.</i> Greed	Compassion It is important to show compassion to others and also yourself. Hate, envy, arrogance	=the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs	L4. The importance of having compassion towards others; shared responsibilities we all have for caring for other people and living things; how to show care and concern for others			M1, M4, S1, C4	
7 th November	Guru Nanak Dev Ji Gurburab (8 th November)	Birth of the first guru, Guru Nanak Dev Ji born in 1439. Guru Nanak Dev Ji is the first guru of the Sikhs. Key lifelong principles applied by all Sikhs today include pray, share and work.	Helpfulness <i>I notice when someone needs help.</i> Arrogance	Truth and Honesty Truth is a quality of God, we know the truth of God's existence through prayer, service and living by virtues. Dishonesty/hypocrisy	(Faith celebration)		H25. about personal identity; what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes)		Sp1, Sp2, Sp3, Sp4, Sp5 S1,S2,S4,C3, C4	
14 th November	Anti Bullying Week (14 th – 18 th November) World Kindness Day (13 th November)	Anti-Bullying Week is no different. Bullying has a long-lasting effect on those who experience and witness it. But by channelling our collective power, through shared efforts and shared ambitions, we can reduce bullying together.	Compassion <i>I know when someone is hurt or needs a friend.</i> Belittling	Kindness and Tact Be the living expression of God's kindness; kindness in your face, kindness in your eyes, kindness in your smile. Hate	about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help	R11. about how people may feel if they experience hurtful behaviour or bullying	R38. To recognise bullying, and its impact, in all its forms; the skills and strategies to manage being targeted or witnessing others being bullied		M1, M2, M3, M4 S1, S2, S3	

21st November	World Hello Day – Connecting the global family	Thirty-one winners of the Nobel Peace Prize have stated that World Hello Day carries substantial value as an instrument for preserving peace, and as an occasion that makes it possible for anyone in the world, individual, organization or government, to contribute to the process of creating peace.	Peacefulness <i>I appreciate differences and avoid harming anyone.</i> Arrogance	Helpfulness There are times when you feel helpless, these are good times to ask God for help and to let others be helpful to you. Greed, rage		L4. The importance of having compassion towards others; shared responsibilities we all have for caring for other people and living things; how to show care and concern for others	M1, M2, M3, M4 S1, S2, S3		
28th November	Guru Tegh Bahadur Sahib Ji (9th Sikh Guru martyrdom) (24th November)	The ninth Guru, poet, saint, soldier. Contributing 116 hymns to the Guru Granth Sahib Ji. After peacefully bearing different forms of torture and refusing to show miracles at the request of Aurengzeb (Muslim Mughal), Sri Guru Tegh Bahadur was beheaded in Chandni Chowk, Delhi, India. A note was written and placed around his neck which read 'I gave my head, but not my faith'.	Helpfulness <i>I ask for help when I need it.</i>	Righteousness I live by God's virtues, seeking to do the right thing for all of God's creation. Hate	(Faith celebration)	H25. about personal identity; what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes)	Sp2, Sp3	We remember the ninth Guru's supreme sacrifice and the message of love, peace and unity of all. May his teachings inspire us to come together and let hatred have no place in our hearts and minds.	
5th December	Bodhi Day (8th December)	Bodhi Day is the Buddhist holiday that commemorates the day that the historical Buddha, Siddhartha Gautama (Shakyamuni), experienced enlightenment, also known as Bodhi in Sanskrit and Pali. According to tradition, Siddhartha had recently forsaken years of extreme ascetic practices and resolved to sit under a peepal tree and simply meditate until he found the root of suffering, and how to liberate oneself from it.	Compassion <i>I help a person or animal in need.</i>	Contemplation Contemplation is allowing God or what is sacred to help us to understand the world around us. envy	(Faith celebration)	H25. about personal identity; what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes)	Sp1, Sp2, Sp3, Sp4, Sp5 S1, S2, S4, C3, C4		
12th December	Christmas (25th December)	Christmas Day celebrates the birth of Jesus, whom Christians believe to be the son of God. Gifts are given as reminders of the offerings brought to the infant Jesus, and Christmas carols, plays and evergreens are associated with this time, while nativity sets are displayed in many churches and in some homes.	Compassion <i>I think of little things that bring others happiness.</i> Greed	Detachment The lotus flower's daily resurrection is a reminder that with God's strength I can bloom even in the murkiest of waters. Attachment Contentment I am thankful to God for the gift of contentment, it shows me that life is a precious gift.	(Faith celebration)	H25. about personal identity; what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes)	Sp1, Sp2, Sp3, Sp4, Sp5 S1, S2, S4, C3, C4		
End of Autumn term - Christmas Holidays 19th December – 3rd January									
4th January	Martyrdom of the 4 sons of Guru Gobind Singh Ji (10th Sikh guru)	Mata Gujri Ji was the wife of a supreme martyr; mother of a brave saint-soldier; and the grand-mother of four amazing children who all attained martyrdom at the ages of 6, 9, 14 and 18 years. She had been close to the two younger boys and took up their guardianship in the fight for freedom.	Forgiveness <i>I show kindness instead of taking revenge.</i> Rage	Courage Courage can come from prayer and the trust that God will help and the trust that God will give you the strength. Blame, hypocrisy	(Faith celebration)	H25. about personal identity; what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes)	S1 Sp3		
9th January	Golden Thread 2 – Peace/collaboration vs blame/conflict/war	Explore opportunities where examples of decision making have led to living/working collaboratively/peacefully improving socio-economic, health, most importantly harmonious living leading to content communities and lives. Explore how the narrative may differ when there are strong disagreements leading to blame/conflict/tension/war and the impact on individual people's lives.	Peacefulness <i>I appreciate differences and avoid harming anyone.</i>	Determination With God's grace I stay focussed in the most challenging of times and remain optimistic.	the importance of respecting others, even when they are very different from them the characteristics of positive and healthy friendships, in all contexts including online, such as: trust, respect, honesty, kindness, generosity,	L4. the importance of having compassion towards others; shared responsibilities we all have for caring for other people and living things; how to show care and concern for others	Sp4, M1, M2, M3, M4, S1, S2, S3, C4		

				Negative judgement, blame, hate, dishonesty, arrogance		boundaries, privacy, consent and the management of conflict			
16 th January	Birth of the 10th Sikh Guru, Guru Gobind Singh Ji (20th January)	Guru Gobind Singh Ji is the 10 th Sikh Guru. Today we celebrate their birth and remember the courage they showed as a saint and Soldier creating the Khalsa.	Creativity <i>I discover the gifts I have. I work hard to grow my gifts.</i> Arrogance	Humility and selflessness Being humble allows you to think of other people's needs and serve unconditionally. It's about seeing God in everyone. Greed/arrogance	(Faith celebration)		H25. about personal identity; what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes)	Sp1, Sp2, Sp3, Sp4, Sp5 S1,S2,S4,C3, C4	Today we commemorate the birth of Siri Guru Gobind Singh ji, the 10 th Sikh Guru and father of the Khalsa with amrit sanchar. We remember his example of all that is righteous, never letting go of virtue, even in the face of extreme circumstances.
23 rd January	Virtues and Vices	The Nishkam Passport virtues are extremely precious gift expressed through our faith traditions. Understanding and learning to practise these virtues provides us with a toolkit for navigating through life. There will be inevitable mistakes we make along the way. However, these become golden opportunities to learn lessons from and remember to forgive ourselves as well as all those we have felt might have wronged us – just as God forgives us!	Creativity <i>I think of new ways to make things work better.</i> Dishonesty	Moderation I feel humble and modest in the presence of God, which keeps my life in balance. Wisdom These godly virtues are a precious gift for life. blame	the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties	the characteristics of positive and healthy friendships, in all contexts including online, such as: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict	L4. the importance of having compassion towards others H9. strategies to understand and build resilience, as well as how to respond to disappointments and setbacks	Sp1, Sp2, Sp3, Sp4, M1, M2, M3, M4, S1, S2, S3, C1, C2, C3,C4	
30 th January	United Nations World Interfaith Harmony Week (1st – 7th February)	World Interfaith Harmony Week was proclaimed by the General Assembly in 2010. In its resolution, the General Assembly, pointed out that mutual understanding and interreligious dialogue constitute important dimensions of a culture of peace and established World Interfaith Harmony Week as a way to promote harmony between all people regardless of their faith. UN Interfaith Harmony Week Resource	Peacefulness <i>I appreciate differences</i> rage	Faith Faith is trust in God, your life has a purpose and knowing you are created with love.	Families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care.	That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people's beliefs.	L8. about diversity: what it means; the benefits of living in a diverse community; about valuing diversity within communities R1. The characteristics and benefits of strong, positive relationships, including mutual support, trust, respect and equality H25. about personal identity; what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes)	CI S2, S3 Sp1, Sp2, Sp3,Sp4,Sp5	In Interfaith Harmony Week, people of faith recognise the beauty of diversity in all God's creation and our different faith paths. In doing so, we recognise the divine spark in every single one of us.

6 th February	Internet Safety Week (7 th February) and Children's Mental Health Week (4 th -11 th Feb)	Safer Internet Day aims to make a safer and better internet for everyone, especially children and young people. Safer Internet Day is celebrated every year in mid-February. This year, it will be on the 7 th February. Its theme is: 'All fun and games? Exploring respect and relationships online'.	Patience <i>I accept things I cannot control with humour and grace.</i> arrogance	Resilience Resilience is the strength to cope with setbacks and the comfort and trust in God that all will be overcome. Blame, rage	the rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them.	Their rights, responsibilities, and opportunities online, including that the same expectations of behaviour apply in all contexts, including online	H15. that mental health, just like physical health, is part of daily life; the importance of taking care of mental health H34. basic rules to keep safe online, including what is meant by personal information and what should be kept private; the importance of telling a trusted adult if they come across something that scares them	H30. How to identify risk and manage personal safety in increasingly independent situations, including online H5. the characteristics of mental and emotional health; to develop empathy and understanding about how daily actions can affect people's mental health	M1, M2, M3, M4 S1, S2, S3 C3	
February Half Term Monday 13th February – Friday 17th February for NSWL only										
13 th February	Lent (Begins on 22 nd - February 6 th April)	Lent is the period of 40 days which comes before Easter in the Christian calendar. Lent begins on Ash Wednesday and is a season of reflection and preparation before the celebrations of Easter. By observing the 40 days of Lent, Christians replicate Jesus Christ's sacrifice and withdrawal into the desert for 40 days. Lent is marked by fasting, both food and festivities.	Honesty <i>I make promises I can keep.</i> dishonesty	Simplicity Living the simplest life allows us to appreciate what God provides and understand our purpose. Envy, greed	(Faith celebration)		H25. about personal identity; what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes)		Sp2, Sp3 C4	During the 40 days of lent Christians replicate Jesus Christ's sacrifice and withdrawal into the desert for 40 days. Lent is marked by fasting, both food and festivities. Pupils this week gained an understanding to love is to sacrifice something important for others.
February Half Term Monday 20th February – Friday 24th February for NPSW, NPSB and NHSB										
27 th February	World Book Day (Thursday 2 nd March)	World Book Day is a registered charity on a mission to give every child and young person a book of their own. It's also a celebration of authors, illustrators, books and (most importantly) it's a celebration of reading. In fact, it's the biggest celebration of its kind, designated by UNESCO as a worldwide celebration of books and reading, and marked in over 100 countries all over the world.	Creativity <i>I use my imagination</i>	Creativity Creativity helps me to use the talents God has given me.			H19. a varied vocabulary to use when talking about feelings; about how to express feelings in different ways;	L1. study, organisational, research and presentation skills L2. to review their strengths, interests, skills, qualities and values and how to develop them	S2 C3	On World Book Day we celebrate a passion for reading. 'It is what you read when you don't have to that determines what you will be when you can't help it'. Oscar Wilde
6 th March	International Women's day (Wednesday 8 th March)	Celebrating the role model of women in faith (both Sikh and non-Sikh) and in history. Dr Azza Karam (contemporary example), HRH Queen Elizabeth are all role models rooted in faith and demonstrate virtues in leadership in daily lives. Explore further the role of women in modern society and the need for a more balanced approach. Primary Resource – International Women's Day Secondary Resource – International Women's Day	Creativity <i>I take time for inspiration</i>	Wise Leadership In wise leadership we have the courage to know that God is with us, to help us make decisions for the betterment of all rather than personal gain. Arrogance					Sp4 C1, S3	
13 th March	Mother's Day (Sunday 19 th March)	A celebration honouring the mother of the family, as well as motherhood, maternal bonds, and the influence of mothers in society. Make reference to the Sikh prayer 'pootha mata ki assis' Primary Resource – Mother's Day Secondary Resource – Mother's Day	Courtesy <i>I make requests instead of demands.</i> Greed, arrogance	Love A mother's love is comparable to the love of God. Hate	That stable, caring relationships, which may be of different types, are at the heart of happy families	Simple self-care techniques, including the importance of rest, time spent with friends and family and the benefits of hobbies and interests.	R1. about the roles different people (e.g. acquaintances, friends and relatives) play in our lives R2. to identify the people who love and care for them and what they do to help them feel cared for	R1. about different types of relationships, including those within families, friendships, romantic or intimate relationships and the factors that can affect them	C3, C2, C1	Happy Mother's Day to all our mothers and carers who make every day special. Pupils celebrated honouring the mother of the family as well as motherhood, maternal bonds and the influence of mothers in society.

20 th March	World Water Day (linked to UN sustainable goal 6) (22nd March)	World Water Day celebrates water and raises awareness of the 2.2 billion people living without access to safe water. It is about taking action to tackle the global water crisis. A core focus of World Water Day is to support the achievement of Sustainable Development Goal 6: water and sanitation for all by 2030.	Kindness <i>I help the earth by looking after all of God's creations.</i>	Gratitude Being thankful to God for all that I have and to welcome all of life as a gift.		L3. about things they can do to help look after their environment L5. ways of carrying out shared responsibilities for protecting the environment in school and at home; how everyday choices can affect the environment (e.g. reducing, reusing, recycling; food choices)		M1, M3, M4, Sp3, Sp4,	
27 th March	Easter (Sunday 9th April)	The resurrection of Jesus from the dead, Easter is a time to reflect, evaluate and redirect ourselves. It is an opportunity to start afresh and forgive.	Forgiveness <i>I pray for people who hurt me rather than holding grudges</i>	Discernment I am guided by God through prayer for the truth.	(Faith celebration)	H25. about personal identity; what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes)		Sp1, Sp2, Sp3, Sp4, Sp5 S1,S2,S4,C3, C4	
	Vaisakhi (Friday 14th April)	The celebration of Vaisakhi is the commemorating of the creation of the Khalsa for Sikhs. Vaisakhi is celebrated each year to mark the initial initiation ceremony which took place in India in 1699. 5 beloved ones were chosen as part of the first initiation ceremony introduced by the 10 th guru, Guru Gobind Singh Ji. Bhai Daya Singh Ji – compassion Bhai Dharam Singh Ji – righteousness Bhai Mokham Singh Ji – detachment/contentment Bhai Himmat Singh Ji – courage (inner and outer strength) Bhai Sahib Singh Ji -Leadership Primary Key Stage 1 Resource – Vaisakhi Primary Key Stage 2 Resource – Vaisakhi	Kindness <i>I accept people who are different.</i>	Commitment My commitment to my faith strengthens my relationship with God.	(Faith celebration)	H25. about personal identity; what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes)	Sp1, Sp2, Sp3, Sp4, Sp5 S1,S2,S4,C3, C4	Sikhs remember the 5 beloved ones. In 1699 they were the first to volunteer to give up their lives for Guru Gobind Singh Ji's message to always act with virtue, without vice and stand up for the meek.	
End of Spring Term – Easter Holidays Monday 3rd April – Friday 14th April									
17 th April	Ramadan (22nd March – 20th April)	During the month of Ramadan, Muslims won't eat or drink between dawn and sunset. This is called fasting. Fasting is important during Ramadan as it allows Muslims to devote themselves to their faith and come closer to Allah, or God. Fasting is one of the Five Pillars of Islam, which form the basis of how Muslims live their lives. The other pillars are faith, prayer, charity and making the pilgrimage to the holy city of Mecca.	Helpfulness <i>I listen to someone who needs to talk</i>	Self-Discipline This is self-control, doing what is right in the eyes of God.	(Faith celebration)	H25. about personal identity; what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes)		Sp1, Sp2, Sp3, Sp4, Sp5 S1,S2,S4,C3, C4	
24 th April	International Mother Earth Day (22nd April)	On Mother Earth Day, it's a reminder to ourselves - more than ever - that we need a shift to a more sustainable economy that works for both people and the planet. <u>Let's promote harmony with nature and the Earth.</u>	Kindness <i>I help the earth by looking after all of God's creations.</i>	Awe It is awe inspiring that we have been created by God and no-one else on Earth is like us.		L3. about things they can do to help look after their environment L5. ways of carrying out shared responsibilities for protecting the environment in school and at home; how everyday choices can affect the environment (e.g. reducing, reusing, recycling; food choices)		M1, M3, M4, Sp3, Sp4,	
2 nd May	Democracy and School Elections (5th May)	Pupils to know the place of democracy in Britain promoting British values. This week to tie in with national election week and the rule of law. Pupils to have an understanding of mutual	Honesty <i>I tell the truth tactfully</i>		The characteristics of friendships, including mutual respect	Understanding of democracy, government and	L2. to recognise there are human rights, that	R9. to recognise, clarify and if necessary challenge	Sp3 M3, M4, C2

		respect for and tolerance of those with different faiths and beliefs and those without faith.	dishonesty	Confidence Confidence in God is a sense of trust that God loves you and watches over you as you go through life.		how laws are made and upheld	are there to protect everyone L3. about the relationship between rights and responsibilities	their own values and understand how their values influence their decisions, goals and behaviours		
8 th May	Mental Health Awareness Week (13 th May – 20 th May)	To educate and increase awareness about mental illness (the theme for this year can be found online)	Courtesy <i>I eat speak and move kindly</i>	Patience Having patience with God is having faith in God that all will be fine. Rage	How important friendships are in making us feel happy and secure	That mental wellbeing is a normal part of daily life, in the same way as physical health.	H15. That mental health, just like physical health, is part of daily life; the importance of taking care of mental health	H6. About change and its impact on mental health and wellbeing and to recognise the need for emotional support during life changes and/or difficult experiences	M1, M2, M3, M4 S1	
15 th May	International Day of Families (Monday 15 th May)	It is a time to remember the crucial role the family plays in our world's cultures and societies. What does your family mean to you? FAMILY – (father and mother, I love you). Take this opportunity to talk about the importance of family and the role of children within this unit.	Compassion <i>I think of little things that bring others happiness.</i> rage	Reliability When you are practising reliability others can count on you to keep your commitment.	the characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives	How relationships in families contribute to human happiness and the importance of bringing up children	R8. To recognise the characteristics of healthy family life including commitment, care, spending time together, being there for each other in times of difficulty	R1. Students learn about the different types of relationships including those within families	Sp1, Sp2, Sp5, M1, M3, M4, S2, C1, C4	
22 nd May	Golden Thread 3 Trust In God	Look actively for opportunities of famous individuals (or situations) where their belief in God (and virtuous living) has influenced them. This is an opportunity to explore this golden thread in more detail with pupils of all ages.	Peacefulness <i>I give my worries to God and trust God to help.</i>	Trust We are never alone and God is always with us. Trust is having faith in God. Dishonesty	Pupil should know the characteristics of friendships include trust, respect, honesty, kindness, loyalty	Pupil should know the characteristics of positive and healthy relationships include trust, respect, honesty, kindness	R1. To recognise that there are different types of relationships		Sp1, Sp2, Sp3, Sp4	
Half Term – Monday 29th May – Friday 2nd June										
5 th June	United Nations Environment Day (Monday 5 th June)	The UN Environment Programme (UNEP) annually organises events for World Environment Day, which encourages worldwide awareness and action for the protection of the environment. It is celebrated on 5 June in over 100 countries. (Empathy Day 9 th June)	Kindness <i>I help the earth by recycling.</i>	Cleanliness You do your part to care for Mother Earth.			L3. About things they can do to help look after their environment L5. Ways of carrying out shared responsibilities for protecting the environment in school and at home; how everyday choices can affect the environment (e.g. reducing, reusing, recycling; food choices)		M1, M3, M4, Sp3, Sp4,	
12 th June	(5th Sikh Guru) Martyrdom of Guru Arjan Dev Ji – (High Schools to focus on the sacrifice element, primary schools on who the fifth Sikh Guru was) (16 th June)	On 16 June 1606, the Mughal Emperor Jahangir ordered that Guru Arjan Dev Ji, the fifth Sikh Guru be tortured and sentenced to death after the Guru had refused to stop preaching his message of God as started by Guru Nanak Dev Ji. This day is commemorated with prayers to remember the sacrifice made for the greater good.	Compassion <i>I think of others needs as important as my own.</i> greed	Sacrifice The closest definition of absolute love is Sacrifice. If you cannot sacrifice for the other, you cannot love the other. Dishonesty	(Faith celebration)		H25. about personal identity; what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes)		Sp1, Sp2, Sp4, Sp5 C4	This week, pupils remember Guru Arjan Dev Ji who the embodiment of universal love, spiritual excellence, and the welfare & equity of society was. He stood steadfastly for virtuous principles as the truth of God's reality, and ultimately sacrificed his life for these.

19 th June	Peace charter for Forgiveness and Reconciliation	To understand the principles of the Peace Charter for Forgiveness and Reconciliation and the importance in the way we live our lives locally and globally. This is an opportunity to explore some of the points in the charter with the people of tomorrow.	Forgiveness <i>I remember that everyone makes mistakes.</i> arrogance	Forgiveness God is ever forgiving. Where there is forgiveness there is God himself. Hate	The characteristics of positive and healthy friendships (in all contexts, including online) including trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships	R17. that friendships have ups and downs; strategies to resolve disputes and reconcile differences positively and safely	R19. to develop conflict management skills and strategies to reconcile after disagreements	M1, M2, M3, M4 S3	
26 th June	Respectful Relationships	To recognise the importance of relationships. Recognising safe and unsafe behaviours.	Cleanliness <i>I keep my body fresh and clean. I use clean language and have well-meaning thoughts</i>	Modesty Modesty helps me to know that I am enough. My faith guides me to live modestly.	That each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact. That all aspects of health can be affected by choices they make in relationships, positively or negatively	R6. that a feature of positive family life is caring relationships; about the different ways in which people care for one another R1. about the roles different people (e.g., acquaintances, friends and relatives) play in our lives	R1. about different types of relationships, including those within families, friendships, romantic or intimate relationships and the factors that can affect them R2. indicators of positive, healthy relationships and unhealthy relationships, including online	M1 S2 S1 S4 C1	
3 rd July	New Beginnings (Transitions)	To commemorate the school year on love and forgiveness that have been displayed, and hard work in new learning, and to support all pupils with the next step, whether this is to the next school or the next year group. To consider how pupils may adapt to change and being optimistic about the future.	Forgiveness <i>I forgive others and myself when we make mistakes.</i> dishonesty	Optimism Even in my darkest hour with God's grace I will have ever ascending optimism Envy	Pupils should know the contribution that hobbies, interests and participation in their own communities can make to overall wellbeing.	H27. about preparing to move to a new class/year group H24. Problem-solving strategies for dealing with emotions, challenges and change, including the transition to new schools	H35. about the new opportunities and responsibilities that increasing independence may bring H36. strategies to manage transitions between classes and key stages	Sp4, Sp3, Sp5, S2, C3,	
10 th July	Eid	Eid marks the end of the month-long Ramadan fast. Muslims all across the UK enjoy a meal and celebrate together with family and friends.	Honesty <i>I refuse to cheat, steal or lie.</i> dishonesty	Prayerfulness Prayerfulness helps me to feel God's presence. Greed, envy	(Faith celebration)	H25. about personal identity; what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes)		Sp1, Sp2, Sp3, Sp4, Sp5 S1,S2,S4,C3, C4	
17 th July	Award Ceremonies	Award ceremonies to take place to mark annual achievements – Baba Puran Singh Ji award and Terry Green awards to be awarded to nominated pupils for their contribution to service.	Creativity <i>I discover the gifts I have and I work hard to grow my gifts.</i> Arrogance	Excellence With God's guidance I know I reap what I sow. The perfection of a seed is the fruit which grows from it. Blame	Central to Relationships Curriculum is pupils' ability to believe that they can achieve goals, both academic and personal; to stick to tasks that will help them achieve those goals, even when the reward may be distant or uncertain; and to recover from knocks and challenging periods in their lives.	H28. to identify personal strengths, skills, achievements and interests and how these contribute to a sense of self-worth	L9. The benefits of setting ambitious goals and being open to opportunities in all aspects of life	Sp5, C3,	

SMSC – Key

Spiritual Development	Moral Development	Social Development	Cultural Development
<p>The spiritual development of pupils is shown by their:</p> <p>Sp1 ability to be reflective about their own beliefs (religious or otherwise) and perspective on life</p> <p>Sp 2 knowledge of and respect for different people's faiths, feeling and values</p> <p>Sp 3 sense of enjoyment and fascination in learning about themselves, others and the world around them</p> <p>Sp 4 use of imagination and creativity in learning</p> <p>Sp 5 willingness to reflect on their experiences</p>	<p>The moral development of pupils is shown by their:</p> <p>M1 the ability to recognise the difference between right and wrong and their readiness to apply this understanding in their own lives.</p> <p>M2 ability to recognise and in doing so respect the civil and criminal law of England legal boundaries</p> <p>M3 understanding of the consequences of their behaviour and actions</p> <p>M4 interest in investigating and offering reasoned views about moral and ethical issues and ability to understand and appreciate the viewpoints of others on these issues.</p>	<p>The social development of pupils is shown by their:</p> <p>S1 use of a range of social skills appropriately in different contexts, including working and socialising with pupils from different religious, ethnic and socio-economic backgrounds</p> <p>S2 willingness to participate in a variety of social settings, both religious and general, co-operating well with others and being able to resolve conflicts effectively</p> <p>S3 acceptance of and engagement with the fundamental British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs. They will develop and demonstrate skills and attitudes that will allow them to participate fully in and contribute positively to life in modern Britain.</p>	<p>The cultural development of pupils is shown by their:</p> <p>C1 understanding and appreciation of the wide range of cultural influences which have shaped their own heritage and that of others</p> <p>C2 knowledge of Britain's democratic parliamentary system and its central role in shaping our history and values and in continuing to develop Britain</p> <p>C3 Willingness to participate in, and respond positively to, artistic, sporting, charitable and cultural opportunities.</p> <p>C4 Interest in exploring, improving understanding of and showing respect for different faiths and cultural diversity and the extent to which they understand, accept, respect and celebrate diversity. This is shown by their respect and attitudes towards different religious, ethnic and socio-economic groups in the local, national and global communities.</p>

RSE objectives <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/relationships-and-sex-education-rse-secondary>

PHSE - <https://www.pshe-association.org.uk/curriculum-and-resources/resources/programme-study-pshe-education-key-stages-1%E2%80%935>