

NPSB PE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Introduction to P.E Fundamentals	Fundamentals	Ball Skills	Dance	Gymnastics	Games
Yr1	Fundamentals Fitness	Fundamentals Fitness	Gymnastics Dance	Gymnastics Ball Skills	Sending and Receiving Athletics	Invasion Athletics
Yr2	Fundamentals Fitness	Fundamentals Fitness	Gymnastics Dance	Gymnastics Ball Skills	Sending and Receiving Athletics	Invasion Athletics
Yr3	Fundamentals Fitness	Dance Fitness	Gymnastics Ball Skills	Gymnastics Hockey	Tennis Athletics	Football Athletics
Yr4	Swimming Fitness	Swimming Fitness	Gymnastics Ball Skills	Dance Dodgeball	Cricket Athletics	Football Athletics
Yr5	Handball Fitness	Netball Gymnastics	Gymnastics Swimming	Dance Swimming	Hockey Golf	Football Athletics
Yr6	Basketball Fitness	Dodgeball Cricket	Gymnastics Dance	Athletics Tennis / Net Games	Golf Swimming	Football Swimming