

## WEEK ONE MENU

	Option 1	Option 2	Available daily	Option 3	Desserts
Monday	Yellow Lentil Dhal Served with Vegetable Rice	Jacket Potatoes with Beans and Cheese	Salad and Seasonal Vegetables		Yogurt or Ice Cream
Tuesday	Mix Vegetable and Paneer Sabji Served with Plain Yogurt and Naan	Vegetable Burgers in a Bun with/without Cheese and Wedges		Yogurt or Chocolate Cake Custard	
Wednesday	Veggie Sausages, Mash, Carrot and Gravy	Herby Tomato Pasta with mince served with Butter Crusty Bread		Selection of Sandwiches	Yogurt or Mixed Fruit
Thursday	Lasagne with Roast Potatoes and Garlic Bread	Veggie mince slice with Roast potatoes, and Roast Vegetables with Gravy		Selection of Sandwiches	Yogurt or Fruit Cake
Friday	Cheese or Vegetable Pizza, Chips and Beans	Cheese Salad Wraps			Yogurt or Strawberry Jelly

All meals are vegetarian with no fish or egg. Salad Bar includes Lettuce, Cucumber, Tomatoes, Sweet Corn, Carrot, Coleslaw and Spicy Tikka.



## WEEK TWO MENU

	Option 1	Option 2	Available daily	Option 3	Desserts
Monday	Spaghetti Bolognaise with Meat-Free balls, Peas and Garlic Bread	Kidney Beans Curry and Vegetable Rice	Salad and Seasonal Vegetables	Selection of Sandwiches	Yogurt or Mixed Fruit
Tuesday	Nuggets, Chips, Broccoli and Beans	Brown Lentil Dhal and Naan		Yogurt or Marble Cake	
Wednesday	Cheese and Onion Roll, Sweetcorn, Diced Herby potatoes and Gravy	Cheesy Pasta Bake served and Broccoli		Selection of Sandwiches	Yogurt or Jelly
Thursday	Aloo Matter Paneer (Cottage Cheese and Peas) with Vegetable Rice	Jacket Potatoes and Beans with Cheese		Mixed Fruit or Flapjacks Served with Custard	
Friday	Cheese or Vegetable Pizza, Wedges and Beans	Cheese Salad Wrap		Yogurt or Ice Cream	

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## WEEK THREE MENU

	Option 1	Option 2	Available daily	Option 3	Desserts
Monday	Cheesy Pasta with Sweetcorn and Garlic Bread	Chickpeas Curry and Vegetable Rice	Salad and Seasonal Vegetables	Selection of Sandwiches	Yogurt or Ice Cream
Tuesday	Meat-Free Hotdog with fried onions and wedges and Beans	Aloo Gobi (Cauliflower) and Yogurt with Naan Bread		Selection of Sandwiches	Yogurt or Carrot Cake With Custard
Wednesday	Sausage Roll, Sweetcorn and Cheesy Mash	Burrito with Vegetable Mexican Rice and Nachos		Yogurt or Fruit Jelly	
Thursday	Meat-Free Burger in a Bun with/without Cheese, Wedges and Beans	Matter Paneer with Vegetable Rice		Yogurt or Cheese Cake	
Friday	Cheese or Vegetable Pizza, Chips Beans and Chips	Cheese Salad Wraps		Yogurt or Mixed Fruit	

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