TRAVEL CHARTER ACTIVE KIDS ARE HEALTH KIDS

Choose active travel to and from school.

Introduce active travel into your routine. Even one day per week can help.



Encourage Children to walk, bike or mini scooter to and from school. They'll get fresh air, exercise and a feeling of independence.

24 Hour MOVEMENT GUIDELINES



hours

minutes hours

daily

daily

ar netp.

DRIVE TO 5

Try parking just a few blocks away (5 minutes) and walk with your kids. You'll free up space in the school zone, get some fresh air, and have a chance to hear about your child's day.



WALKING SCHOOL BUS

Organise your own Walking School Bus, which allows children to enjoy walking together accompanied by adults. Be considerate to our neighbours and park safely on the road.

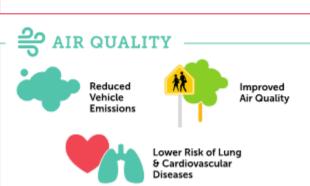


Ø BIG BENEFITS



less than

2 hours daily







signs and traffic

signals.

through the

crosswalk.